TOWN OF BROOKLINE SENIOR CALENDAR

Council on Aging

Published with help from the Brookline Multi-Service Senior Centers Corporation

Brookline Senior Center
93 Winchester Street
Brookline, Massachusetts 02446

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Elderbus Hotline 617 730 2778
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www.townofbrooklinemass.com

HIGHLIGHTS

Brookline Reads events in March for this community-wide reading project. See **page 14.**

COA Meeting on March 12—featuring Brookline's Woman of the Year. See **page 22**.

Age Well 2008! on March 13—An exciting BACE event. See **page 13.**

Aging Artfully on March 19—with Amy Gorman. See **page 10**

OWL Meeting on March 29—see *Sage*, a filmby Nicole Brodsky about the "wisdom, experience, and creativity" of seniors. See **page 22.**

The Grandparent Connection coming in April but requiring registration by March 31. See **page 13.**

MARCH 2008

SOCIAL WORKER OF THE YEAR

March is National Social Work Month. Why, you may well ask, is this front-page news in Brookline? Well…it is a good time to acknowledge the Senior Center's exceptionally dedicated social work staff and their work. But the biggest reason is that the Massachusetts Chapter of the National Association of Social Workers (NASW) has chosen our own fearless leader, Ruthann Dobek, as Social Worker of the Year.

Ruthann became the third director of the Council on Aging (COA) in 2002. She had been employed by the COA since 1983, writing grants to assist the COA in its programming. Under her leadership, the COA has expanded its volunteer program, started an employment service, begun a home-care program, and broadened its legal and transportation options. She was chief liaison for Project Senior Center and wrote the grants that led to its funding.

Always looking to the future, Ruthann is concerned that future social workers are trained to maintain a high standard of professionalism and dedication. To this end, she encourages and welcomes interns from the many schools in Metro Boston.

This year's recognition by the Massachusetts Chapter of the NASW is a richly deserved honor as we all know. Ruthann had, and continues to have, a vision of what constitutes a Senior Center that reflects, and programs for, the needs/wishes of Brookline's active elder population.

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REMINDER: Daylight savings begins at 12:01 AM on March 9. Set your clocks forward one hour!!!

The Town of Brookline Senior Calendar
BROOKLINE COUNCIL ON AGING (COA)

Ruthann Dobek
Director, Council on Aging/Senior Center

Charlotte Millman
Program Manager

Judith Gimple
Newsletter Editor

The Town of Brookline Senior Calendar is published monthly by the Brookline Council on Aging, 93 Winchester Street, Brookline, MA 02446.

Subscription fee: $10.00/year. See page 23 for

IT'S NATIONAL PROFESSIONAL SOCIAL WORK MONTH

EACH YEAR social workers across the country celebrate the profession during March–National Professional Social Work Month. They reflect on the history of the profession, celebrate the important work that is currently being done, and look toward a future of promise for the individuals, families, and communities they serve.

The focus for Social Work Month is a central tenet of social work–building on strengths. The foundation for growth and change in an individual, a family, and a community are their strengths. More than 600,000 social workers are educated in the "strengths perspective" that emphasizes working with client and/or community.

NASW, with the help of chapters and individuals, hopes to accomplish the following with Social Work Month outreach:

- Expand the public perception of the breadth and depth of social work.
- Reach out to the media, both nationally and locally, to promote the importance of social work services and social work professionals to society.
- Promote a theme that resonates with, and builds pride in, social workers.
- Increase understanding of social workers' role in working with families and communities.

Additional information about social workers and their strengths can be found at www.HelpStartsHere.org.

OF THE MOST FREQUENT specialty-practice areas, aging represents only 9%, by far the lowest percentage—with mental health at 37%, child welfare/family at 13%, and health at 13%. This is already a great problem to servicing the senior population, and it will become a greater and greater problem as the baby boomers swell the ranks of seniors over the next few years. We would all do well to encourage our children and their friends and colleagues who are social workers and our grandchildren who are considering their lifetime careers now to look to serving the aging community as social workers.

OUR SOCIAL WORK STAFF

This being National Social Work Month, it seems an ideal occasion to talk a little about our very dedicated staff of social workers. As you are all aware, Ruthann Dobek, our Director, guides a trusty band of talented social workers. Sue Welpton as Supervisor of Services directs the operation of the Senior Center and its staff and Charlotte Millman as Program Manager puts together all the terrific programs we have and activities and makes sure they work.

December Heffernan and Susan Kanian-Andriole comprise our HELP program, training and pairing helpers with seniors who need help with meal preparation, running errands, cleaning, and shopping at an affordable rate.

Deidre Waxman is our JOBS coordinator. If you are a Brookline senior and need a job, she's got the drive and connections to help you find one.

Julie Washburn, Olga Sliwa, Elaine Yanowitz, and Freddi Langenthal are Clinical Social Workers. They are there for all Brookline seniors who need them—doing home visits, providing resources and information for those who need them, pairing needs and services, and just being there if that is needed.

And, let's not forget Vivian Freeman, Volunteer Coordinator, who matches volunteers with jobs and services that are needed to help make Senior Center programs run smoothly.

The Brookline senior community owes much to all of you for your help, comfort, and guidance—for being there for all of us.

FROM THE DIRECTOR

March brings some of the bleakest weather of the year with its cold, gray days. We at the Senior Center are here to help make the days go by in a sunny and enjoyable way with lots of wonderful programs and activities. Put on a bright scarf and join us!

I am deeply honored by receiving the award of Social Worker of the Year. I want to also thank all the wonderful social workers who are board members, volunteers, and staff here. This is their month too, and they should be acknowledged for their dedication and hard work.

At our Chinese new Year celebration, Kun Chung, the Assistant Director of Greater Boston Chinese Golden Age Center and a social worker, exclaimed "I have traveled to California and back, and this is one of the best Senior Centers in the whole country." One of the reasons for this is YOU.

I personally want to thank everyone who works to make this a wonderful place to spend time. We strive to create an environment that is warm, welcoming, stimulating, and responsive.

Finally, I am very excited to be hosting Aging Artfully - see page 10. Please mark it on your calendar and plan to attend, As a matter of fact, bring a friend who may have never attended a program here before as this is a very special event.

We are sending this edition of the newsletter—chock full of our programs and services—to a wider mailing. If you want to continue to receive the calendar, fill out the form on page 23 and send it and a check $10.00 to us.

Keep your spirits up and celebrate spring with whatever makes you feel good perhaps fresh flowers, a piece of good chocolate, a movie, one of our great concerts, or a brisk walk. —Ruthann Dobek, Director

CHINESE NEW YEAR REPRISE

The Chinese New Year festivities, always well-attended because they are so very colorful and well-done at the Senior Center, were especially marvelous this year—the food simply delicious, the entertainment, supplied by the Greater Boston Chinese Golden Age, brilliant.

We would like to give a very special thanks to So Hing Mak and Clare Yung for making this year's celebration so wonderful.

Photo courtesy of Jean Stringham

FROM THE EDITOR

We always welcome submissions from everyone—articles, short essays, poetry, photographs—whatever you would like to see in print in the Calendar. However, submissions are subject to the restrictions that time and space impose on the Calendar. Sometimes we might have to edit a submission to fit into the space available for it. And sometimes a submission might have to wait for inclusion in a later issue because of time restrictions.

We also continue to welcome your ideas and suggestions for the Calendar. We will make every effort to accommodate useful suggestions from our readers. Sometimes, however, your suggestions cannot be implemented for production or other practical reasons.

We want to thank Jean Stringham, Laurie Israel, and Judy Bernstein for their submissions to this March 2008 issue and Pat Norling for allowing us to print her daughter's poem..

—Judith Gimple, Editor

HOLIDAYS

The Senior Center will be open every weekday in the month of March. There will be no closed days during the month for holidays. However, we do wish everyone a very happy St. Patrick's Day and an Easter to remember.

GIVING

The Brookline Senior Center gratefully accepts donations to its nonprofit arm. These donations are completely tax deductible to the giver. Donations are put into use to keep the van running as well as to fund furnishings, improvements, and innovative programs for our Senior Center. We welcome your gifts in honor of special occasions; as thanks for services you have received; or to recognize friends, family, or staff.

Thank you,
Elizabeth (Betsy) Pollock
President, Brookline Senior Center Board

We want to thank:

Ruthann Dobek for her gift to the Van Challenge fund **in memory of Sally Rotman**
Peter L. Freeman for his gift **in memory of Herbert I. Freeman**
Jean Kramer for her gift to the "Telling Your Story" fund **in memory of Gita Werchol**
Nellie Slater for her gift in **memory of Lizzi Hansel**
Linda M. and Jonathan H. Davis for their gift **in honor of Harriet Covell**
Ann Katz for her gift **in honor of Millie Lehman**

We also want to thank Janie Chickering and Jewel Chin for their generous contributions to the Van Challenge Fund.

And last, but certainly not least, thanks to Annual Appeal Donors Nancy Daly and Kevin Cavanaugh, Doris and Saul Feldman, Janet and Jim Fitzgibbons, Renee L. Gleman, Noah and Lorraine Gordon, Louise Lonabocker, Diane Sokal and Randolph Meikeljohn, Vivian Mosgofian, Natalie and Alan Rothstein, Yolanda Do Espirito Santo, Marcia A. Starensier, Barbara Walshaw, and Donald C. Weitzman.

IN MEMORY OF SALLY ROTMAN

No one ever said, "No!" to Sally, whose proudest moments were being on the Wall of Honor and working for 20 years to make the Senior Craft Fair successful.

She was also a COA board member, a poll worker, and a devoted family person.

Would you like to honor a friend or family member? Or memorialize someone who is gone? A gift of more than $10.00 will be acknowledged on the monthly **Giving** page.

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SONY

Health-centered programs that occur monthly at the Senior center include:

Ask a Nurse Nurse Practitioner Eileen Currier of St. Elizabeth Medical Center will be at the Senior Center to consult with individuals on **Wednesday, March 26, from 1:00 to 2:00 PM**.

Podiatry Clinic Routine foot care with Dr. John McLoughlin is available by appointment on **Monday, March 3, 17, and 31, from 9:00 AM to 12 NOON**. Sessions, which last 15 minutes each, cost $25. To make an appointment, call 617-730-2777.

Low Vision Group This peer-led support group for individuals with limited eyesight resumes its monthly meetings on **Wednesday, March 19 at 1:00 PM**.

Blood Pressure Screening The Brookline Health Care Center will provide a blood pressure screening at the Senior Center on the first **Monday** of every month, beginning on **March 3**, from **1:00 to 3:00 PM**. The nurse from the Brookline Health Care Center is bilingual, speaking English and Chinese.

Blood pressure screenings will continue to be available at the Senior Center, this month on **Thursday, March 20, from 9:00 to 10:30 AM** with a Brookline Health Department Nurse.

Who knew there could be so much heart in health care?

The Health Page is sponsored by Beth Israel Deaconess Medical Center

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BLOOD PRESSURE SCREENINGS

Blood pressure screenings with a Health Department Nurse continue to be available at the Senior Center on the third Thursday of each month and at other locations around town. .

This month's schedule is:

- Wednesday, March 5, at the Brookline Health Department, 11 Pierce Street, from 2:00 to 3:00 PM
- Wednesday, March 12, at Temple Emeth, 194 Grove St. in South Brookline, from 3:00 to 4:00 PM
- Wednesday, March 12, at Sussman House, 50 Pleasant St., from 1:00 to 2:00 PM
- Thursday, March 20, at the Senior Center from 9:00 to 10:30 AM
- Wednesday, March 26, at O'Shea House, 61 Park Street from 1:00 to 2:00 PM

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THE CARING AND CANCER PROJECT

The Caring and Cancer Project, a research study sponsored by The National Cancer Institute, National Institutes of Health, is accepting applications for participating in tjis project. Formerly known as the COUPLES Project, the name has changed to reflect the fact that it welcomes other care-giving relationships beyond just couples, such as other family members (parent, adult child, sibling, other relative) and friends who are in a care-giving relationship with someone with cancer.

This study will evaluate a new inspiring and instructional DVD program for caregivers in how to use simple touch and massage techniques at home. The goals are to bring comfort and relaxation of the patient and greater satisfaction to the caregiver. We are recruiting 100 patient/partner dyads in the greater Boston area to participate. The project is available in English, Spanish, and Chinese.

See the web site: http://www.collinge.org/COUPLES.html for a full announcement and complete details.

ALZHEIMER'S EDUCATIONAL UPDATE

The McCourt Foundation is presenting a free Alzheimer's educational update for patients, care givers, family, and friends on Saturday, March 15, from 10:00 to 11:30 AM at the Newton Marriott Hotel on Route 30 (Commonwealth Avenue) in Newton. Dr. Dennis Selkoe, MD, of Harvard Medical School and cofounder of the Center for Neurologic Diseases at Brigham and Women's Hospital, will present the latest word on the diagnosis and treatment of Alzheimer's disease.

The presentation is free and open to all (with a continental breakfast provided) , but you must call The McCourt Foundation at 781-444-2544 to reserve a seat.

UPDATE ON PANDEMIC FLU

Barbara Westley of the Brookline Health Department will present a program at the Senior Center on **Tuesday, March 11, from 9:15 to 10:15 AM** entitled *Update on Pandemic Flu: What You Need to Know*.

WHAT'S UP DOC?

Do you and your doctor really talk? Join us at the *What's Up Doc?* Workshop that provides in-service training for volunteers Learn to get more out of your medical appointments by gaining insight on how to ask questions, get explanations, express your concerns clearly, empower yourself, and find and know doctors' qualifications. Plan on attending this workshop, being presented by MATCH-UP Interfaith Volunteers, Inc., on **Wednesday, March 12, from 10:00 AM to 11:30 AM** at the Senior Center. If you are age 60 or older, you have a chance to earn a $10.00 stipend if you complete a survey that you will receive at the workshop

This workshop is free but you must make a reservation as space is limited. Call Vivian at 617-730-2743 to register or for additional information.

SAVE THE DATE—NEW AGING

Brookline Adult and Community Education is offering an evening event: **New Aging: A Guide to Living and Aging Well through Mind/Body Medicine** with Dr. Ann Webster on **Tuesday, April 15, 2008 from 7:00 to 9:30 PM** at the main Branch of the Brookline Public Library.. This special event has been rescheduled from April 1 to April 15. Dr. Webster is impressively qualified to treat this subject and so those interested should plan on registering for this free course as early as possible as it is bound to be well attended. For more information or to register, call 617-730-2700 or access the web site at www.brooklineadulted.org. Co-sponsored by The Brookline Aging Collaborative.

AGE WELL 2008!

Brookline Adult and Community Education presents on **Thursday, March 13, from 7:00 to 9:00 PM** at the Brookline High School an aging services experts panel and resource reception called ***Age Well 2008!*** Plan on attending this evening discussion with an eldercare expert panel to learn about trends, changing models, and services that are available to older adults in Massachusetts. Following the panel presentation there will be a reception providing an opportunity to speak with a variety of eldercare providers. Representatives from eldercare service organizations that are not represented on the panel will attend and be available during the reception.

This is the perfect opportunity to gather information about residential and care options, including a growing array of new services. If you are considering exploring elder housing or care for yourself or a loved one, this evening will provide plenty of practical and helpful information.

The panel will be moderated by Alan Balsam (PhD, Director of Public Health and Human Services, Town of Brookline). Panelists are: Ruthann Dobek (Director, Brookline Council on Aging), Nancy Shapiro (Executive Director, Goddard House in Brookline), Dorothy Kelly Gay (Vice President of Government Relations, Hebrew Senior Life and former Director of Senior Housing, Center Communities of Brookline), and Christine Battisti-Keane (Administrator, Coolidge House Skilled Nursing and Rehabilitation Center).

This event is free but attendance is limited so preregistration is necessary. Please call 617-730-2700 or access the web at www.brookline adulted.org to register for this event or for further information about the event. The course code for Age Well 2008 is X183-01. This event is co-sponsored with the Brookline Council on Aging, Goddard House in Brookline, Centre Communities of Brookline. Hebrew Senior Life, and Beth Israel Deaconess Medical Center.

FRENCH CONVERSATION

Your patience is about to be rewarded! This group will resume its meetings in April. Watch this Calendar in March for an announcement of meeting day and time.

ANNOUNCEMENT: We are pleased as punch to announce that our great volunteer Sonia Wong has been selected to train as a SHINE counselor. She will begin her training in March and will be our first SHINE counselor fluent in Chinese and English.

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EASY TRAVEL

Lauren Carroll returns to lead a trip to the Easter and Gallapagos Islands on **Thursday, March 6 at 1:30 PM** at the Senior Center.

BEADING WORKSHOP

It will not meet in March. Check the March Calendar and the Tab for more news about this group.

AT THE GALLERY

Brookline Townwide Mosaic by Bette Ann Libby and Friends

The Brookline TownWide Mosaic Exhibition by Bette Ann Libby and friends will be at the Brookline Senior Center from March 10 through the end of April (with a "Bring a Shard" and Meet-the-Artist reception on Monday, March 31 from 2:00 to 4:00 PM).

Do you have some broken crockery—a cup, a plate, a pitcher? If so, don't throw the pieces out. Instead, give them to the Bette Ann Libby 2008 Touring Exhibit. The creators of this imaginative arts project that soon will grace Town Hall need your broken dinnerware (only high-fired pieces that can hold up to the weather). The shards will be used to decorate the two big columns outside of Town Hall's entrance.

Volunteers will help design, glue, and grout four panels, each 10 feet by 11 inches, to be mounted on two sides of each column.

The exhibit will tour throughout Brookline during 2008:

- Old Lincoln School, 194 Boylston St., through March 10
- Coldwell Banker Real Estate, 1375 Beacon St., May through September
- Runkle School, 50 Druce St., through June 15
- Coolidge Corner Library, 31 Pleasant St., through November

The exhibit will be at the Senior Center from **March 10 through end of April.** A Meet-the-Artist and "Bring a Shard" reception will be on **Monday, March 31, 2:00 to 4:00 PM).**

BROOKLINE MUSIC SCHOOL CONCERT

On **Wednesday, March 5, at 1:00 pm** the Brookline Music School will present at the Senior Center **Emilian Badea**, a virtuoso accordionist who has performed at the Senior Cent er before to rave audiences.

ZIZALA! CONCERT

On **Friday, March 28 at 2:00 pm** Elias and Lourdy Audy present a middle-eastern concert featuring **Zizala!** with Christine Karam and a food fest for Brookline seniors at Goddard House, 165 Chestnut Street. This program is co-sponsored by the Brookline Council on Aging, Goddard House in Brookline, and the Center Communities of Brookline. The event is free but please RSVP to 617-731-8500.

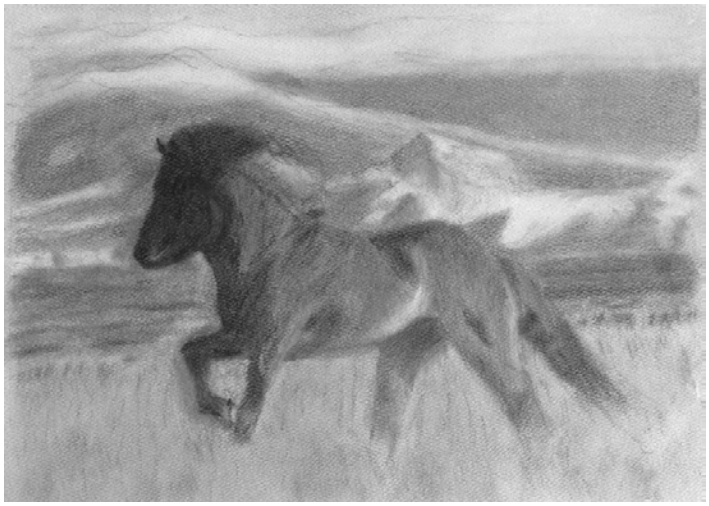
AGING ARTFULLY

The Brookline Collaborative (composed of the Brookline Council on Aging, Goddard House in Brookline, and Center Communities of Brookline/Hebrew Senior Life) cordially invites you all to Aging *Artfully: 12 Profiles of Visual and Performing Women Artists—85 to 105* on **Wednesday, March 19, at 1:00 PM** at the Senior Center.

A discussion (led by the author of *Aging Artfully*, Amy Gorman) will explore the positive aspects of social interactions and artistic engagement that are important catalysts for health and longevity. There will also be a film, *Still Kicking*, that honors the gift of age and illustrates that the years of "growing old" can be a time of creative expression and satisfaction.

AT THE GALLERY

Drawing for Pleasure Class Show

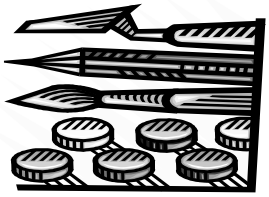


Drawings, pastels, watercolors, and acrylic paintings from our extremely popular class—Drawing for Pleasure—will be on exhibit from **March 10 to April 30 from 8:30 AM to 5:00 PM** (Monday through Friday)

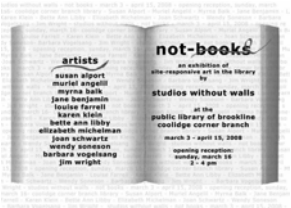
An artists' reception will be on **Friday, March 14** from **1:30 to 3:00 PM**

The class has been running at the Senior Center for five years. Some students have been coming since the beginning, others have come more recently. The class is split into two groups: 1) figure drawing from a live model and 2) still life. Originally the Drawing for Pleasure class was for beginners, but no one wanted to leave the class so it now has intermediate students and even working artists.

Louise Weinberg and her sidekick, Elizabeth Taylor, are inspirational and supportive. Both are graduates of the School of the Museum of Fine Arts. Louise has been a clinical social worker and has applied her social work training in clinical techniques to the drawing class.



"NOT-BOOKS" EXHIBITION



Studios Without Walls, a Brookline sculptors' collaborative, is exhibiting "NOT-BOOKS: An Exhibition of Installation Art in the Library" at the Coolidge Corner branch of the Brookline Public Library from March 3 to April 15.

The exhibit, curated by co-chair Elizabeth Michelman, features 11 original, site-responsive works (each by a different artist). The sculptures, installation art, and a video examine the changing forms and uses of public libraries in transmitting human understanding, preserving culture, and reflecting our social identities.

An artists' talk will be held along with the opening reception on Sunday, March 16 at 2:00 PM. Everyone is cordially invited to attend the opening reception.

A guided tour will be given on March 20 at 10:30 AM. If you would like van service, please call 617-730-2770 at least one day in advance.

The exhibition will be accompanied by film screenings on Thursday evenings at 6:30 PM in the Coolidge Corner branch library followed by discussions with the artists of Studios Without Walls. In March, on the 20th, there will be a biographical drama of the life and loves of Picasso in the mid-20th century.

This program is supported in part by a grant from the Brookline Commission for the Arts, a local agency, which in turn is supported by the Massachusetts Cultural Council, a state agency.

SENIOR SERVICES

The Brookline Senior Center and the Council on Aging are amazing organizations, offering a vast array of programs and activities.

BETS is a cab discount program that allows income-eligible Brookline residents over 60 to buy coupon books worth $10 in cab rides for just $5. BETS coordinator Alicia Ebrat is at the Senior Center **Monday through Wednesday from 12:00 NOON to 4:00 PM** to take applications for, and sell, BETS coupon books. If you want to apply or be recertified for BETS, please bring your 2006 income tax returns (or your 2007 income tax returns if you have already filed for 2007) when you meet with Alicia. (Remember that all riders must be recertified every year in order to be able to buy BETS coupon books.)

Bay State Taxi and Red Cab have split into two separate companies. However, both companies will still accept BETS coupons. To get a Bay State Taxi, call 617-566-5000. For a Red Cab, call 617-734-5000.

BLAB The Brookline Legal Assistance Bureau (BLAB) is at the Senior Center from **9:00 AM to 12:00 NOON Wednesday, March 5,** this month, is staffed by volunteer local attorneys who offer individuals legal expertise on matters of law as well as information and referrals. This service is offered free of charge, and no appointment is needed.

FILE OF LIFE provides individuals with emergency medical ID cards to be used both at home and away from home. For more information, call 617-730-2777.

HELP finds trained, dependable workers to assist individual seniors with such tasks as meal preparation, errands, cleaning, and shopping for an affordable rate. All workers are trained and screened by the HELP staff at the Senior Center. To get HELP, call 617-730-2777, and ask for the HELP extension.

JOBS The Job Opportunities for Seniors (JOBS) program is an employment service designed and sponsored by the Brookline Council on Aging, the goal of which is to match Brookline's capable, older workers with local employers seeking either part-time or full-time staff for office, academic, sales, food services, and a variety of other fields.

NEEDS helps seniors stretch food dollars with such aids as food stamps. For more information, please leave a message for Riva Berkovitz at 617-730-2777.

SHINE counselors Deborah Brass and Sonny Saslaw are at the Senior Center on **Wednesday** and **Thursday** mornings to help individuals explore their health insurance options. For an appointment, please call 617-730-2777.

SOCIAL SECURITY Contact Station. Social security will no longer have a representative at the Senior Center. If you need assistance, please call the Boston office at 617-565-8903 or Social Security's main number at 1-800-772-1213.

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VOLUNTEERS—SAVE THE DATE!

April is Volunteer Appreciation Month, and to thank all of our wonderful volunteers, the Council on Aging is inviting you all to the **Annual Volunteer Luncheon on Wednesday, April 9, at 12:30 PM** at the Senior Center. Save that date!

In addition, it is not too early to send in your nominations for Volunteer of the Year. Send nominations to Vivian Freeman, Brookline Senior Center, 93 Winchester Street, Brookline, MA 02446. Or call with nominations to Vivian at 617-277-2743, or just drop by and talk with Vivian about your nomination ideas when you are at the Senior Center.

ALZHEIMER'S CAREGIVERS SUPPORT GROUPS

Community members who care for loved ones with Alzheimer's Disease and other dementias meet on the second Friday of each month to gain support and information. The two groups are open to members of the community and town employees free of charge.

There is a **Daytime Caregivers Group** that will meet on **Friday, March 14**. Call December Heffernan at 617-730-2753 for information for this group. And there is also an **Evening Caregivers Group** that will meet on **Thursday, March 27**, contact Susan Andriole at 617-730-2754 for more information about this group.

J.E. Pierce Apothecary
~Prescription Chemists~
1180 Beacon St. ~ Brookline, Ma ~ 02446
www.jepierce.com
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The ONLY full-service pharmacy in BROOKLINE.

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- Pill boxes, dosing aids
- Insurance including Medicare D
- Flu vaccine clinics
- Deliveries in Brookline
- Walkers, canes, accessories
- In-home medication management
- Diabetes instructions/supplies

Call and talk to one pharmacists about your MEDICARE D plan!

BLUE IN BROOKLINE?

Feeling sad? Experiencing a decrease in motivation? This group is for you. In the winter months, it is not unusual for individuals to feel sad or "blue." This ten-week group will not just give members a safe place to explore their sadness, but it will also provide members with basic tools for improving their moods. The techniques that will be used by the group leaders have been proven as successful ways to begin coping with, and overcoming, depression.

This group, called **Blue in Brookline**, will meet on ten **Mondays, February 4 through April 28, from 10:00 to 11:00 AM**. To register or for more information, call Dale La Bonté or Katie Anderson at 617-730-2772.

THE GRANDPARENT CONNECTION

A new Senior Center discussion group, **The Grandparent Connection**, will begin April 7, with additional sessions on April 14 and 28 and May 5 and 12. You must make your reservation for this series by **March 31**, and there is a registration fee of $5.00.

Bring your photos and share your experiences. Discuss the joys and challenges facing families in the twenty-first century.

Everything about the grand-parenting experience is open to discussion. Is your grandparenting experience what you expected? Or not? Are your grandchildren adopted, gay, in blended families, living with you, a different race, a different religion. Have they started communicating with you through e-mail or even videos? We want to talk about it all—it's a new age!

The group will be led by Joyce Golden, LICSW, a professional social worker in private practice and a grandparent to boot. This promises to be an experience not to be missed for grandparents and even great aunts, and surrogate grand parents.

THE SENIOR CHORUS

Do you like to sing? Are you shy about singing alone? If the answers to these questions are "yes," you might want to consider joining the Senior Chorus. The Chorus Director is Zohra Shaw. All you need is the desire to sing out. Everyone is invited to join; there are no auditions.

Call 617-730-2770 for more detailed information

OLD CELL PHONES

We have already provided enough old cell

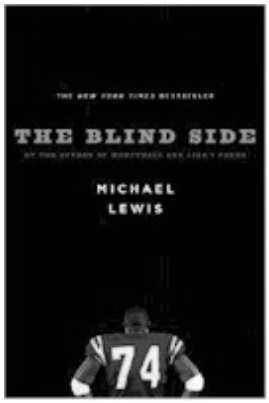
phones to the National Council on Aging (NCOA)/Cellular Recycler for our *Careers in Aging* program to have collected $220.00 thanks to you our readers, .Please keep digging them up and bring them to Susan Andriole. Look into your hiding places and ask your friends, children, and grandchildren for discarded and unwanted cell phones. Rescue the old cell phones for which no one has further use. NCOA can use them.

BOOK DISCUSSION GROUP

The Putterham Book Discussion Group meets on **Monday, March 24, at 2:00 PM** at Temple Emeth in South Brookline. The book under discussion in March will be the Brookline Reads selection—*The Blind Side* by Michael Lewis.

BROOKLINE READS

The Trustees of the Brookline Public Library are once again sponsoring a community-wide reading experience—this time honoring the Teen Center Initiative. The book chosen for the read is *The Blind Side* by Michael Lewis.



This book tells the true story of college football star Michael Oher and the odds he overcame to achieve his success.

A **kickoff event** in front of the Main Library on Washington Street has been scheduled for **Sunday, March 9, at 1:30 PM** and a **half-time round table** on **Tuesday, March 25, from 7:00 to 9:00 PM** also at the Main Library. The final wrap-up will feature Bill Littlefield, host of *Only a Game* on NPR.

BROOKLINE WRITES

The Brookline Public Library Authors' Collaborative Series—Brookline Writes!, a Brookline Access Television series for writers and readers hosted by Peggy Hogan, a partner in Flying Point Press, is an ongoing series being broadcast on Brookline Access Television. Each episode will premiere on Sunday at 2:30 PM and will feature a panel of published Brookline authors joining in lively discussion on a topic of interest to writers at all levels of experience.

On **Sunday, March 2, at 2:30 PM** panelists Jonatha Ceely, Jessica Keener, Sarah Smith will discuss The Writing Process. The experienced Brookline authors on the panel will share their insights into the writing craft. Best of all, they will impart practical advice on such topics as outlining (or not), helpful software, revising, and overcoming writer's block.

Other programs in the series are:

- Getting Published on Sunday, April 6
- Marketing Your Book on Sunday, May 4

DON'T BE SCAMMED!

In my law practice during the past several years, I have met with a surprisingly large number of clients who have been scammed. Most of these victims have been elders. Some of these scams have caused great losses—mostly monetary. In one case, my client lost almost the entire nest egg that he had accumulated with great care during his lifetime to protect himself in his old age. Combined with the monetary loss is victim's loss of self-respect and dignity and the feeling of shame.

Some of the scams involve promises of easy money and rely on the greed or needs of the victims. Some of them are traps involving prepayments and refunds that anyone can fall victim to. Here a list of some of the most common scams:

The Lottery Scam. You are told that you have won a large lottery prize, but that in order to receive it, you have to prepay Canadian (or some other country's) taxes and fees. You send the prepayment but don't get the prize.

The Refund Scam. You rent an apartment in your two-family house to someone who lives far away. He sends you something that looks like a bank check in an amount greater than the rent and security deposit, and asks you to send him a *change check*. You send the change check of several thousand dollars, and you never hear from the prospective tenant again .

Telemarketing Scams. You are offered a free gift or vacation, but you have to pay for postage, handling, or other charges. Say "No thank you." If you send the money, or give your credit card or bank account number, you will be scammed.

The I-Need-an-Operation-to-Save-My-Life Scam. This relies on the good hearts of elders. The person asking is always a stranger. Remember, your first job as an elder is to take care of yourself.

The Phony Charity Scam. A charity calls you asking for money. You have never heard of the charity. Terminate the phone call and call the Attorney General's office first to find out if the charity is registered.

Investment Schemes. May be promise 100% annual return, or some investment opportunity that is usually "only offered to the elite." Don't fall for these. Invest your money conservatively.

Read the excellent information listed under the heading: ***Fraud*** in the Elder Resource Guide published by the Brookline Council on Aging (which you can pick up at the Senior Center). It will give you additional information that may be very helpful in preventing you from being the victim of a scam.

You need to be vigilant. Make money transactions that are normal and usual. If there is something unusual, confer with your children, relatives, good friends, or the staff at the Brookline Council on Aging in person or by calling 617-730-2777. If you are scammed, or if someone attempts a scam, report it immediately to the staff at the Brookline Council on Aging and to the Brookline Police Department. You might be able to prevent other people from being the scammer's victims!

Remember what your mother told you – you can't get something for nothing. If it looks too good to be true, it probably is! —*by Laurie Israel, Esq.*

Springwell Nutrition Program 617-730-2770 MARCH 2008

MONDAY	TUESDAY	WEDNESDAY
3) **Minestrone Soup/Crackers** Chicken Parmesan/Tomato Sauce Green Beans/Buttered Parsley Ziti Whole Wheat Bread **OR** Roast Beef & Mozzarella Cheese on a Bulkie Roll/Lite Mayo/Lettuce Leaf Cucumber Dill Salad/Beet Salad **Fresh Fruit**	**4)** **Cream of Tomato Soup/Crackers** Baked Crumb Topped Macaroni & Cheese Broccoli Tomato Salad Oatmeal Bread **OR** Turkey & Swiss Cheese on Whole Wheat Bread Lite Mayo/Lettuce & Tomato Potato Salad **Apple Cobbler**	**5)** Salisbury Steak/Mushroom Gravy Whipped Potatoes Harvard Beets/Rye Bread **OR** California Chicken Salad Macaroni Salad Three Bean Salad/Oatmeal Bread **Tapioca Pudding w/Topping**
10) **Butternut Squash Soup/Crackers** Pot Roast/Brown Gravy Whipped Potatoes Peas & Onions/Rye Bread **OR** Breaded Chicken Patty on a Hamburger Roll Lite Mayo/Lettuce & Tomato Cole Slaw **Peaches**	11) **Corn Chowder/Crackers** Pier 17 Fish/Newburg Sauce Red Bliss Potatoes/Green Beans Multigrain Bread **OR** Chef Salad w/ham, egg, cheese strips, vegetables Italian Dressing Macaroni Salad/Whole Wheat Roll **Fresh Fruit**	**12)** Hawaiian Chicken White Rice/Parsley Carrots Dinner Roll **OR** Roast Beef & Swiss Cheese on Rye Bread Lite Mayo/ Carrot Raisin Salad Potato Salad **Frosted Cake**
17) ***Baked Sliced Ham/Raisin Sauce Boiled Parsley Potatoes Cabbage & Carrots/Rye Bread **OR** Turkey & Muenster Cheese on Multigrain Bread/Lite Mayo Lettuce & Tomato/Potato Salad **Pistachio Pudding/Topping**	**18) Birthday Lunch** **Minestrone Soup/Crackers** Chicken Noodle Casserole Peas Italian Bread **OR** Chicken Salad on Whole Wheat Bread Pasta Vegetable Salad Cole Slaw **Chef's Choice**	**19)** Meatloaf/Brown Gravy *Whipped Potatoes* Zucchini/Oatmeal Bread **OR** Seafood Salad on a Lettuce Leaf Broccoli & Tomato Salad German Potato Salad/Rye Bread **Mixed Fruit Cocktail**
24) Beef Stew w/Vegetables Tossed Garden Salad/Lite Dressing/ Biscuit **OR** ***Ham & Muenster Cheese on Rye Bread Mustard/Lo Mein Pasta Salad Spinach Mandarin Orange Salad Lite Italian Dressing **Ambrosia Topping**	**25) Vegetable Soup/Crackers** Baked Chicken/Supreme Sauce Whipped Potatoes/Broccoli Florets Whole Wheat Bread **OR** Chef Salad w/egg, cheese strips, & vegetables Italian Dressing Pesto Pasta Salad/Whole Wheat Roll **Fresh Fruit**	**26) Mushroom Barley Soup/Crackers** Crumb Topped Baked Fish Lemon Butter Sauce/Scalloped Potatoes Spinach/Multigrain Bread **OR** Roast Beef & Swiss Cheese on Multigrain Bread/Lite Mayo/Lettuce Leaf Tomato Red Pepper Salad/Pasta Salad w/ Cheese **Peaches**
31) Vegetable Soup/Crackers Roast Turkey/Gravy Whipped Potatoes/Green Beans Corn Bread **OR** Seafood Salad on White Bread Lettuce & Tomato Pasta Vegetable Salad/Rye Bread **Cookie**		

THURSDAY	FRIDAY
6) **Vegetable Rice Soup/Crackers** Roast Turkey/Gravy Whipped Sweet Potatoes Mixed Vegetables/Orange Cranberry Muffin **OR** ***Ham & American Cheese on Rye Bread Mustard/Tomato & Broccoli Salad German Potato Salad **Pineapples**	**7)** Lemon Pepper Fish Scalloped Potatoes/Brussels Sprouts Multigrain Bread **OR** Egg Salad on Multigrain Bread Carrot Pineapple Salad Pasta Salad **Chocolate Chip Cookie**
13) **St. Patrick's Day Special** ***Corned Beef Stew w/vegetables Boiled Potatoes Golden Biscuit **Bread Pudding/Topping** **Chocolate Gold Coins**	**14)** **Lentil Soup/Crackers** Cheese Lasagna/Tomato Sauce Spinach & Mushrooms/ Whole Wheat Bread Tossed Garden Salad/Lite Italian Dressing **OR** Tuna Salad on Lettuce Leaf Tri-Color Pasta Salad English Pea Salad/Oatmeal Bread **Applesauce**
20) **Cream of Broccoli Soup/Crackers** Chicken Paprika/Gravy Sweet Potatoes/Green Beans Whole Wheat Roll **OR** Roast Beef & American Cheese on Oatmeal Bread/Lite Mayo Lettuce &Tomato/Italian Pasta Salad **Mandarin Oranges**	**21)** **Seafood Chowder/Crackers** Breaded Fish Cheese Sandwich Tartar Sauce/Cole Slaw Potato Chips/Hamburger Roll **OR** Egg Salad on Rye Bread Carrot Pineapple Salad Balsamic Vinaigrette Pasta **Fresh Fruit**
27) **Split Pea Soup/Crackers** ***Reduced Sodium Hot Dog Hot Dog Roll/Baked Beans/Cole Slaw Ketchup/Mustard/Relish **OR** Turkey & American Cheese/ Whole Wheat Bread Lite Mayo/Tri-Color Pasta Salad Tossed Garden Salad/Lite Dressing **Raspberry Mousse/Topping**	**28)** Stuffed Shells/Meatball/Tomato Sauce Caesar Salad/Lite Dressing Cauliflower/Oatmeal Bread **OR** Chicken Salad on Rye Bread Carrot Raisin Salad Potato Salad **Brownie**

All meals include 8 oz. of 1% milk and margarine.

Low sugar desserts are available, and need to be ordered with the site manager

***Higher Sodium Content**

Menu subject to change. $1.75 donation

LUNCHEON SPECIALS FOR MARCH

Please remember that reservations for **ALL** Springwell lunches must be made by 11:00 AM on the **weekday preceding the day on which you want to have lunch.** This applies to both regular and special Springwell luncheons.

Springwell St. Patrick's Day Special Lunch on **Thursday, March 13**, featuring corned beef (what else?) stew with boiled potatoes, bread pudding and Leprechaun gold (in chocolate, no less). Make your reservation by 11:00 AM on March 12.

March Birthday Lunch on **Tuesday, March 18.** Tell us you have a March birthday when you make your reservations. Reservations must be made by Monday, March 17.

The **Let's Go Out to Lunch Group** will meet at the Corrib Pub at 201 Harvard Street on **Tuesday, March 25, at 12:00 NOON.**

Brookline Senior Center
93 Winchester Street
617-730-2770

MARCH 2008

Events Calendar

MONDAY	TUESDAY	WEDNESDAY
3) 9 am Podiatry Clinic by appt. 10 am "Blue in Brookline" pre-registration required. 12:30 pm Chinese programs 1-3 pm Blood pressure screening 1 pm Mah jongg 1-2 pm Line Dancing 2-4 pm Open computer lab	4 10:30 am Brookline Bees - Quilters 1:00 pm Bingo 1:30 pm Movie Lovers' Film Series "Ratatouille"	5 9 am-noon BLAB lawyer 10 am-noon SHINE counselor 12:30 pm Bridge
10 10 am. "Blue in Brookline" pre-registration required. 12:30 pm Chinese programs 1 pm.Mah jongg 1-2 pm Line Dancing 2-4 pm Open computer lab	11) 9:15 am Update/Pandemic Flu with Brookline Health Dept. nurse 10:30 am Brookline Bees - Quilters 1:00 pm Bingo 1:30 pm Movie Lovers' Film Series " Run Granny Run"	12 10-noon SHINE counselor 12:30 pm Bridge 1 pm COA meeting.Guest speaker is is Pat Norling, Brookline's Woman of the Year
17) HAPPY ST. PATRICK'S DAY 9 am Podiatry Clinic by appt. 10 am "Blue in Brookline" pre-registration required. 12:30 pm Chinese programs 1 pm.Mah jongg 1-2 pm Line Dancing 2-4 pm Open computer lab	18 10:30 am Brookline Bees - Quilters Noon -March Birthday lunch 1:00 pm Bingo 1:30 pm Movie Lovers' Film Series "For Your Consideration"	19 9:30 am Retired Men's Club 10 am-noon SHINE counselor 12:30 pm Bridge 1 pm Low Vision Group resumes 1 pm Amy Gorman speaks on "Aging Artfully" & screening of film "Still Kicking"
24 10 am "Blue in Brookline" pre-registration required. 12:30 pm Chinese programs 1 pm Mah jongg 1-2 pm Line Dancing 2-4 pm Open computer lab	25 10:30 am Brookline Bees-Quilters Noon -"Let's Go Out to Lunch" meet at Corrib Pub, 201 Harvard St. 1:00 pm Bingo 1:30 pm Movie Lovers' Film Series "Been Rich All My Life"	26 9:30 am Retired Men's Club 10 am-noon SHINE counselor 12:30 pm Bridge
31) 9 am Podiatry Clinic by appt. 10 am A.Caruso,VP Bank of Canton speaks on Consumer Fraud 10 am "Blue in Brookline" 12:30 pm Chinese programs 1 pm Mah jongg 1-2 pm Line Dancing 2-4 pm Open computer lab 2-4 pm "Bring A Shard" reception	BETS discount taxi coupons can be purchased at the Senior Center or through the mail. For more information or to apply for the prog- gram please call (617)730-2740	SHINE counselors are available on Wednesday and Thursday mornings to answer your individual health insurance questions. Please call 617-730-2777 for an appointment.

THURSDAY	FRIDAY
6 No Social Security Contact Station 10 am-noon SHINE counselor 10:30 am Knit and Crochet 1 pm Knit and Crochet 1:30 pm Russian Tea Room 1:30 pm "Easy Travel" goes to the Easter Island & Gallapagos Islands	7 9am Bridge 9:30 am Solemates Walking Group 10 am Project Volunteer Group 10:30 am Current Events 10:30 am Senior Chorus
13 No Social Security Contact Station 10 am-noon SHINE counselor 10:30 am Knit and Crochet Noon-St. Pat's Day Springwell Lunch Special 1 pm Knit and Crochet 1:30 pm Russian Tea Room	14 9 am Bridge 9:30 am Solemates Walking Group 10 am Project Volunteer Group 10:30 am Current Events 10:30 am Senior Chorus 1:30-3 pm Reception for Artists Alzheimer Support Grp-call for time
20 9-10:30 am Blood pressure screen. 10 am Van trip to C.C. library No Social Security Contact Station 10 am-noon SHINE counselor 10:30 am Knit and Crochet 1 pm Knit and Crochet 2:15 p. Golden Age Club mtg.	21 9 am Bridge 9:30 am Solemates Walking Group 10 am No Project Volunteer Group (on vacation) 10:30 am Senior Chorus
27 No Social Security Contact Station 10 am-noon SHINE counselor 10:30 am & 1 pm Knit and Crochet 1 pm Richard Clark performs "Shakespeare's Greatest Hits" 1:30 pm Russian Tea Room Evening Alzheimers Group-call for time	28 9 am Bridge 9:30 am Solemates Walking Group 10 am Project Volunteer Group 10:30 am Current Events 10:30 am Senior Chorus
AARP tax preparers are available to help with your taxes. Call 617--730-2777 for an appointment.	***To reserve a lunch please call 6177-730-2770 by 11 am, a day*** in advance

ONGOING SENIOR CENTER EVENTS

MONDAY

12:30 PM—Chinese programs
1:00 PM—Mah jongg
12 NOON-4 PM—BETS
1-2 PM—Line dancing $2.00/session
1:30 PM—Scrabble
2-4 PM—Computer lab open

TUESDAY

10:30 AM—Brookline Bees, Quilters
12 NOON -4 PM—BETS
1:00 PM—Bingo
1:30 PM—Movies

WEDNESDAY

9:30 AM—Retired Men's Club
12 NOON-4 PM—BETS
12:30 PM—Bridge

THURSDAY

10:30 AM—Knit and Crochet
1:30 PM—Knit and Crochet
1:30 PM—Russian Tea Room

FRIDAY

9:30 AM—Solemates, Walking Group
10:30 AM—Current Events Discussion Group
10:30 AM—Senior Chorus

CIRCUIT BREAKER TAX CREDIT

The Circuit Breaker Tax Credit is a state income tax credit for certain Massachusetts residents age 65 or older who paid rent or real estate taxes during the tax year. Even though the credit is based on property taxes, it is the state government, not the city or town, that pays the credit.

The credit is for senior homeowners and renters who meet income limits and other eligibility requirements. Homeowners may claim the credit if they paid more than 10% of their total income for real estate taxes, including water and sewer debt charges. Renters can count 25% of their rent as real estate tax payments.

You must file a state income tax return to claim the Circuit Breaker Credit, whether or not you have to file otherwise. If your credit is greater than the amount of income taxes you owe, the state will give you a refund for the difference. The maximum credit for tax year 2007 is $900.

The Circuit Breaker Tax Credit is for low- and moderate-income seniors whose real estate tax payments are greater than 10% of their income. Homeowners and renters can claim the credit.

Your total income cannot be greater than these limits for the 2007 tax year: $48,000 for a single person, $60,000 for a head of household, $72,000 for a married couple filing jointly. "Total income" includes some types of nontaxable income, such as social security, retirement, pensions and annuities, cash public assistance, tax-exempt interest and dividends, and certain other income. For qualification terms and more information and help, call AARP toll-free at 1-888-227-7669 or contact the AARP tax counselors at the Senior Center at 617-730-2777.

TAXES

In February, March, and April, volunteer tax counselors trained by AARP are available at the Senior Center to help individuals with their tax forms. These services are free, but you must call 617-730-2777 to schedule an appointment. Do this immediately if you have not already done so as this is an extremely popular program and the number of appointments available is limited.

When you call for an appointment, please mention if you have had your taxes done at the Senior Center in the past. Also remember to bring copies of your last year's tax returns, proof of insurance, and receipts for donations, rent, real estate taxes, and so forth when you come in for your appointment with a tax counselor. In addition and ***new*** for this year, if your primary health insurance is with a private company, please bring Massachusetts form #1099-HC, which provides evidence of health insurance coverage and which you should already have received from your private primary insurer.

If you have Medicare as your primary health insurance, you will not receive ***no*** form from Medicare (your primary health insurance provider). However, the tax counselor will will have a schedule (Schedule HC) that the State of Massachusetts has provided for Medicare insurees. The tax preparer will file that Schedule with your taxes.

This year returns will be filed electronically. You will receive a paper copy for your records.

JOB OPENING!

Community Magazines in Newton is looking for a part-time accountant with knowledge of Quickbooks to work 5 hours a day/Monday through Friday—but hours and schedule are negotiable and flexible. Rate: $17.50/hour. For more information and/or to set up an appointment, please call Deidre at 617-730-2767.

GO ONLINE FOR DIRECT DEPOSIT AND CHANGE OF ADDRESS

Even when change is necessary or desirable, making changes can be difficult. Here, then, is some useful advice for any Social Security beneficiary who is thinking about opening a new bank account or changing banks and who may need to change the direct deposit of his or her benefit payments. Just go online to make the process quicker and easier.

First, you will need to get a password from Social Security. You can get a password by applying online at [http://www.socialsecurity.gov] www.socialsecurity.gov or by calling us at 1-800-772-1213 (TTY 1-800-325-0778). Once you have your password, you can do business with Social Security with total confidence in the security of your transactions.

Of course, you can also change direct deposit services by:

- Using our automated phone service at 1-800-772-1213
- Filling out a direct deposit sign-up form that is available from the Social Security web site and taking it to your financial institution or Social Security office
- Contacting your bank, credit union or savings and loan association

You can use any of these methods to set up direct deposit for the first time. However, should you choose to start, or make changes in, the direct deposit of your Social Security benefit payments, you can make the process run smoothly by having your Social Security number and a personal check or bank statement handy. Also, we recommend that you wait until deposits are actually going to your new bank, savings and loan, or credit union before you close your old account.

One of the most common reasons for changing banking accounts is because a person has moved to a new address and wants to bank at a nearby institution. It is important for Social Security to have your correct home address, even if you are having your Social Security benefits deposited directly into a banking account, so that we can contact you about other Social Security matters, such as when we mail you your Form 1099 each year.

You also can change your home address and/or telephone number over the Internet at [http://www.socialsecurity.gov] www.socialsecurity.gov. Again, you can use your password to change your address online.

Or you can change your address online by answering a series of specific questions whose answers have to match the information in our records. You can also call us toll-free at 1-800-772-1213 (TTY 1-800-325-0778). But why not do it online - a fast, easy, convenient and safe way to do business with Social Security.

–by Judy Bernstein,
Social Security District Manager in Boston

ROGER R. LIPSON
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E-mail albertaroger@aol.com

MONEY MATTERS TALK

This month's talk on money and financial concerns of seniors, sponsored by the Bank of Canton, will be about "Convenience Banking for Seniors—Safe, Sound and Secure" and "What to Look for in Selecting a Bank" (geared especially for seniors). This presentation will be made by Anthony Caruso, Senior Vice President, Bank of Canton, and will take place at the Senior Center on **Monday, March 31, from 10:00 to 11:30 AM**.

MOVIE LOVERS SERIES FOR MARCH

Make the Brookline Senior Center on **Tuesday** afternoons **at 1:30 PM** a regular destination for seeing current and classic free films of all sorts.

March 4
Ratatouille
138 minutes

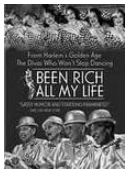
It's all about Remy, a Parisian rat who really cooks.

March 11
Run Granny Run
76 minutes

Documentary about Doris Haddock who, at 94, ran for the US Senate.

March 18
For Your Consideration
86 minutes

A film about an improv director trying to hit it big with an independent film.



March 25
Been Rich All My Life
81 minutes

The Silver Belles, 5 former Harlem showgirls, reuniting to entertain again at ages 84 to 96.

BRUSH UP YOUR SHAKESPEARE!

Come to the Senior Center on **Thursday, March 27, at 1:00 PM** for *The Lunatic, the Lover, and the Poet*, a solo performance of Shakespeare's greatest hits performed and presented by Richard Clark.

"Laugh with the fools, cry with the afflicted, dream with the poets. Beware the possessed!… [But] don't miss the essence of the world's greatest wordsmith."

This program is supported by a grant from the Brookline Commission for the Arts, which in turn is supported by the Massachusetts Cultural Council.

COUNCIL ON AGING

The Council on Aging meeting on **Wednesday, March 12, at 1:00 PM** at the Senior Center will feature Pat Norling, Brookline's Woman of the Year who will talk about "A Mother's Grief Turned to Action: the Jennifer Lynch Fund. This should be a very inspiring discussion. This is an opportunity to learn about one woman's response to her daughter's tragedy, turning personal tragedy into public service.

Jennifer was a poet. As food for thought, here is her Pisces poem:

You are blessed with each day of my presence,

To lead you forward, to another side that is

Unfamiliar to you ~

Don't be afraid, give me your hand, a Pisces

Journey is never alone, let me guide you

Through untried doors~

Don't let your mind ponder of questions

Unknown and answers untold ~

Please go with me and share the freedom you
Have only dreamt about.

by Jennifer A. Lynch (10/23/97)

GREATER BOSTON "OWL" MEETING

OWL, the voice of midlife and older women, will meet at the Senior Center on Saturday, March 29, from 1:00 to 3:30 PM. On the agenda is the screening of the film *Sage* by Nicole Brodsky, PhD. The film celebrates "the wisdom, experience, and creativity of seniors."

A discussion will follow the film with special guest Millie Lehman who is featured in the film. The public is welcome to join in this viewing and discussion. Refreshments will follow the meeting.

The meeting is free to all but those who want to come should RSVP by March 22 to Jo Kay Maguire at 781-335-9104.

WOULD YOU LIKE TO RECEIVE THE TOWN OF BROOKLINE SENIOR CALENDAR EVERY MONTH?

A yearly donation of $10.00 is requested to have this calendar mailed to your home monthly. To subscribe, please fill in the following form and return it and a check for $10.00 to:

Brookline Senior Center
93 Winchester Street
Brookline, MA 02446

New _____ Renewal _____

Please enroll me as a member of the Brookline Senior Center. Enclosed is my donation check.

PLEASE PRINT CLEARLY the following:

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____

DON'T LET YOUR SUBSCRIPTION RUN OUT In order to make certain that you have current information on happenings at the Senior Center, in Brookline and the metro area, please check the date that is printed next to your name on the address label on the back of this page. If that date is 30 days or less away, use the form above to renew.

HANDICAPPED ACCESS

The Town of Brookline does not discriminate on the basis of disability in admission to, access to, or operations of, its program, services, or activities. If you need assistance or special accommodations, please contact the Council on Aging at 617-730-2777.

Brookline Municipal Credit Union

334 Washington Street
P.O. Box 470776
Brookline, MA 02447-0776

NCUA

Tel: 617-232-9410
Fax: 6I7-232-1462

MEMBER MASSACHUSETTS CREDIT UNION MSIC INSURED SAVINGS SHARE INSURANCE CORPORATION

Established in 1939

List with us.

Chobee Hoy associates

Brookline's Resident Experts

Known for exceptional service & commitment

We understand what makes a house a home

Chobee Hoy Associates provides both buyers and sellers with the highest quality professional real estate brokerage services available. We are an organization known in the community as informed, ethical, honest and reliable in, meeting our obligations to clients, customers and brokers.

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