

# TOWN OF BROOKLINE SENIOR NEWS AND EVENTS

Council on Aging

Published with help from the Brookline Multi-Service Senior Centers Corporation

Brookline Senior Center  
93 Winchester Street  
Brookline, Massachusetts 02446



**Council on Aging Information Hotline**  
617-730-2777      617-730-2778  
**Senior Center      Van**  
617-730-2770      617-730-2750

**Brookline Council on Aging**  
[www.brooklinema.gov](http://www.brooklinema.gov)  
[www.brooklineseniorcenter.org](http://www.brooklineseniorcenter.org)

**Brookline Community Aging Network**  
[www.BrooklineCAN.org](http://www.BrooklineCAN.org)



**Friday, June 1** at 1:00 pm Hydration  
in Seniors (See P. 12).

**Thursday, June 21** from 10:00 am-  
2:00 pm **Sidewalk Sale** (See P. 3).

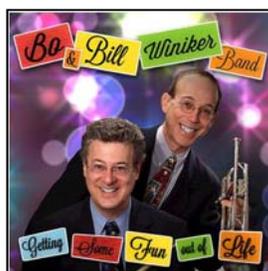
**Wednesday June 20** from 1:00-3:00  
pm **Charlie Card Event** (See P. 23).

**Thursday, June 28** from 1:00-2:30pm  
**TRIPPS Summer Getaway** and ice  
cream social (See P. 23).



JUNE 2018

## MARIE LAVINE MEMORIAL CONCERT



Come and enjoy the 14th annual Marie Lavine Memorial Concert on **Thursday, June 7, at 2:00 pm**. The concert is a tribute to the memory of Marie Lavine, a beloved Senior Center volunteer who loved concerts and theater. It is lovingly underwritten every year by Marie

Lavine's daughters, Eileen Solomon and Kathy Sue Lavine.

This year will feature the outstanding Winiker Band. The Winikers need no introduction to Brookline. These fabulous musicians and entertainers knew Marie personally. Afterwards, join your friends at the delectable dessert buffet including homemade chocolate chip cookies, Marie's favorite! To register, please call 617-730-2770.

## NEWCOMERS GROUP



Are you new to Brookline, or a newcomer to the Senior Center? Join the Newcomers' Group to meet new friends and learn more about what Brookline has to offer.

We'll meet **Thursday afternoons at 2:00pm, June 14 through July 19**. Preregistration will be required, and the group will be limited to 12. Please sign up by calling the main senior center line, (617) 730-2770. This group will be co-facilitated by Kate Jovin, LCSW, and volunteer Barbara Kean.

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## TOUR THE SENIOR CENTER

The Senior Center offers escorted tours of the Center Monday through Friday. You need to sign up for the tours ahead of time. To inquire about a tour, call 617-730-2777.

## The Town of Brookline Senior News & Events BROOKLINE COUNCIL ON AGING (COA)

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The Town of Brookline Senior News and Events is published monthly by the Brookline Council on Aging, 93 Winchester Street, Brookline, MA 02446.

Subscription fee: \$10.00/year. See page 27 for subscription/renewal form.

## JUNE OBSERVANCES



There are no holidays in June for which the Senior Center is closed. You can plan on enjoying the many and varied facilities and programs every weekday in June from 8:30 am to 5:00 pm. There are only a couple of holidays of note that actually fall in June: Father's Day and Flag Day. **Father's Day is celebrated on Sunday, June 17. Flag Day, celebrated on Thursday, June 14,** commemorates the adoption of the flag of the United States, which happened that day by resolution of the Second Continental Congress in 1777. In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day; in August 1949, National Flag Day was established by an Act of Congress. It is not an official federal holiday.

## ANNUAL SIDEWALK SALE!



We have all been cleaning our closets and cupboards and we have a variety of treasures for our annual "white elephant" sidewalk sale on **Thursday, June 21,**

**from 10:00 am to 2:00 pm—rain or shine.**

Come and take your pick of the goodies that are available! All proceeds will benefit the programs and services of the Brookline Senior Center. There are many bargains to be had so stop by and shop!

We will also be accepting donations for the sale in May. If you have knick-knacks, costume jewelry, and other small household items that you'd like to pass along, bring them to the Council on Aging offices (2nd floor) at the Senior Center. Please note that we do not accept donations of clothing, linens, or appliances.

## THEATRE CLUB



**Sunday, June 10, at 2:00 pm**

*A Chorus Line*

Witness the magic and heartache of show business in this Pulitzer Prize win-

ning musical about performers auditioning for the show of a lifetime. Featuring "One", "What I Did For Love", and "At the Ballet." Music by Marvin Hamlisch; lyrics by Edward Kleban.

**Cost \$39**



**Sunday, July 8 at 2:00 pm**

*Anything Goes*

What happens when a nightclub singer, a Public Enemy, a love triangle,

stowaways, and more set sail on a luxury ocean liner? A tap-happy, hilarious musical comedy! Featuring "You're the Top", "I Get a Kick Out of You", and "It's De-Lovely." Music and lyrics by Cole Porter.

**Cost \$39**



**Sunday, August 5 at 2 :00 pm**

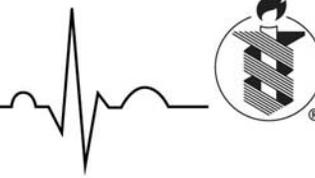
*The Music Man*

The delightfully funny story of a charismatic con artist who sells hope to a small Iowa town in the form of musical instruments and a phony boys' band. Featuring, "76 Trombones", "Till There Was You", and "Goodnight, My Someone."

**Cost \$39**

Transportation is provided, but space is limited. To register, please call 617-730-2777. Payment can be made via cash or check. Please make checks payable to the Brookline Senior Center.

**ALL SHOWS TAKE PLACE AT THE REAGLE THEATRE IN WALTHAM**



**Ask a Nurse** Lynn Schuster, a nurse from the Greater Medford Visiting Nurse Association will be at the Senior Center on **Thursday, June 7 at 11:00 am.**

**Podiatry Clinic** Routine foot care with Dr. John McLoughlin is available at the Health Clinic at the Senior Center. The cost is \$40. To inquire about appointments call 617-730-2777.

**Low Vision Group** This peer-led support group for individuals with limited eyesight will meet on **Wednesday, June 20 at 1:00pm**

**Blood Pressure Screening** Barbara Westley, the nurse from the Brookline Public Health Department (BPHD), will provide blood pressure screening at the following locations:

**Thursday, June 21** from 1:00-2:00 pm at the Senior Center

**Wednesday, June 6** from 2:00-3:00 pm BPHD building on Pierce Street.

**Wednesday, June 13** from 1:00-2:00 pm at Sussman House

**Wednesday, June 27** from 1:00-2:00 Park Street

**A FILE OF LIFE** provides individuals with emergency medical identification cards to be used both at home and away from home. This is a very important program. It should be part of your emergency preparedness. For more information on the File of Life, call 617-730-2777, and leave your name and phone number. Ruth Brenner, will call you back as soon as possible.



## Brookline Hearing Services

The staff from Brookline Hearing Services will be visiting the Brookline Senior Center

on **Thursday, June 21 from 1:00-2:00 pm.**

They will provide hearing aid cleanings, maintenance and patient counseling at no charge. They will also be selling all sizes of hearing aid batteries for \$5 per pack. All services will be provided on a first come, first served basis.

## ICARE: INDEPENDENT CLIENTS ACCESSING RIDES TO EYECARE



ICARE: Independent Clients Accessing Rides to Eyecare. The Council on Aging, through the HELP program, is excited to announce

a new program in partnership with IT-NAmerica, through their generous grant funding. The HELP program will be able to provide free transportation for Brookline residents to scheduled eyecare appointments in the Greater Boston area. To access, please contact the HELP line at 617-730-2752 at least 1 WEEK before your scheduled appointment, as a home visit to sign up for the HELP program is required to access this sub-program.

## Who knew there could be so much heart in health care?

The Health Page is sponsored by  
Beth Israel Deaconess Medical Center

Affiliated with  Joslin Clinic

A research partner of  
 DANA-FARBER/HARVARD CANCER CENTER  
A Comprehensive Cancer Center  
Designated by the National Cancer Institute

 Official hospital of the  
Boston Red Sox

## ASK A GERIATRICIAN

Dr. Suzanne Salamon, Chief Associate of Clinical Geriatrics at **Beth Israel Deaconess Medical Center**, answers your **general** questions about aging and geriatric medicine in this column every month. (Editor's note: *If you have questions, e-mail them to me at [mdeery@brooklinema.gov](mailto:mdeery@brooklinema.gov) or call at 617-730-2790. I will make sure that Dr. Salamon gets the questions and answers them in the Newsletter.*

**Question: The flowering trees and bushes are beautiful, but every spring, my nose and eyes start to water. I assume this is from allergies. Is there anything I can do about this?**

**Answer:** Spring is a beautiful time of the year, with flowering trees and flowers everywhere. However, for many people, the large amounts of pollen that are released from grass, trees and flowers can cause or exacerbate allergies, often called "hay fever" or "allergic rhinitis". Symptoms can include runny nose, sneezing, watery and itchy eyes, and sometimes, cough. Often people think they have a cold. However, allergies are not associated with a fever or aches and pains.

Most allergy symptoms are mild and resolve as the season progresses. However, some people have severe symptoms. People with asthma can find that their breathing can be worse during allergy season. Some people find that their allergy symptoms last all year long, not just during springtime. They can find out what they are allergic to by having allergy skin testing, called a "prick test" by a specialist in Allergy and Immunology.

Interestingly, there is more evidence that we are seeing more allergies now than in the past because we are becoming "too clean." Throughout our lives, when we are exposed to "dirt" or such things as pollen or even peanuts, we develop antibodies to these, which then protect us from allergic reactions later in life. A recent study showed that Israeli children who eat a snack similar to cheese-its, only made from peanuts have far fewer peanut allergies than American children, who are protected from peanut products by cautious parents. Similarly, antibiotic soaps may wash away some of the bacteria

we need to be exposed to in order to develop antibodies.

Treatment for allergies can start with air purifiers and filters to try to clear the inside air of pollen. After gardening or walking in grassy areas, wash clothes and hands, and take off shoes at the door.

Often people need medications to control severe symptoms. Unfortunately, the most effective drugs, over the counter antihistamines, can cause drowsiness and other side effects. The newer antihistamines, such as fexofenadine (Allegra) and loratidine (Claritin), which are also over the counter medicines, help control symptoms with fewer side effects.

There are also some antihistamine nose sprays and eye drops available. Azelastine nose spray has just become available over the counter and is a good way to help runny nose without the drowsiness. Steroid nose sprays are often used, but long term use of these steroid sprays can cause some of the negative side effects of steroids. Decongestants such as pseudoephedrine can help, but can cause high blood pressure or heart problems.

Over the counter normal saline nose sprays or irrigation with a neti pot where you pour a salt water solution into one nostril and drain it out the other to flush out old mucus and other pollutants can help wash out pollen from your nose and have no side effects. This has been used for centuries and is extremely effective in treating the symptoms of seasonal allergies such as runny nose.

So, enjoy Spring, and don't be afraid to stop and smell the roses!



## SENIOR SERVICES

The Brookline Senior Center and the Council on Aging (COA) offer a wide variety of programs and activities to help the Brookline senior community in everyday ways. Among the services offered to all seniors, including those who are intent on Aging Well at Home are:

**BETS (Brookline Elder Taxi System)**, is a program that allows income eligible Brookline residents (62 and older) to purchase taxi coupons at reduced fare rates. Eligible individuals are allowed to purchase up to eight (8) coupon books per month at a 50% discount. Each coupon book contains ten (10) \$1:00 coupons and program participants pay only \$5:00 per coupon book. BETS is sponsored by the Council on Aging, CDBG, and all licensed Brookline cab companies.

**Bay State Taxi 617-566-5000**

**White Cab Taxi 617-314-6262**

BETS coordinator Alicia Ebrat is at the Senior Center every **Monday through Wednesday from 12:00 noon to 4:00 pm** to take applications for and sell BETS coupon books. For more information, call Alicia at 617-730-2740.

If you are applying for the first time, or being recertified, bring your 2016 income tax returns when you meet with Alicia. If you do not have to file tax returns, check with Alicia before you come in about the necessary documentation. (All riders must be recertified every year in order to be able to buy BETS coupon books.) Eligibility requirements: An individual's maximum annual income cannot exceed \$54,750 a couple's annual income cannot exceed \$62,550. BETS service is available for use in all cabs of all companies that are based in Brookline. It's the law: If a cab driver from a Brookline-based company gives you trouble about using the coupons, report it to the COA at 617-730-2777. Also note that the coupons cannot be used for tipping. To tip a driver for good service, use cash. **To purchase taxi tickets you must pay by cash or check only.**

Refunds only authorized for one month's worth of coupons maximum that were purchased in the last six months.

**SHINE** counselors Sonia Wong, Ed Levin, Oliver Buckley and Sybil Levisohn are on hand at the Senior Center to help individuals explore their health-insurance options. For an appointment with a SHINE counselor, call 617-730-2777.

**TRIPPS** looking for alternative transportation options to driving or have a specific question about the MBTA/The Ride, Uber/Lyft or medical transportation? Contact TRIPPS at maria@trippsmass.org or 617-730-2644.

**BLAB** A Brookline Legal Assistance Bureau volunteer lawyer will be here **on Wednesday, June 6 from 9:00 am-12:00 noon** to consult on legal matters of law. **This service is offered for Brookline residents only, is free of charge, and no appointment is needed. Please pick up a number at the reception desk or the COA office on the second floor.**

**HELP** The Home and Escort Linkage Program finds trained, dependable workers to house-assist individual seniors with such tasks as meal preparation, errands, house cleaning, and shopping—for an affordable rate. All workers are trained and screened by the HELP staff. To get HELP, call 617-730-2752.

**REAP** The Retirement Engagement Alternatives Program is replacing the old JOBS program. This new program is based on working together to help occupy your retirement! Contact Deidre Waxman 617-730-2767 or email:[dwxman@brooklinema.gov](mailto:dwxman@brooklinema.gov)

**SNAP** The Supplemental Nutrition Assistance Program helps seniors stretch food dollars with food stamps. If you need assistance call The Council on Aging and ask to be put on the Food Stamp assistance return phone call list. Someone will return your call as soon as possible 617-730-2777.

## ALZHEIMER'S CAREGIVER SUPPORT GROUP



This ongoing daytime support group is designed to help caregivers cope with the stress and demands of loved ones struggling with Alzheimer's. It meets on the 4th Tuesday of each month. If you are interested in this group, please call the facilitator Ted Sturman at 617-803-610

### -SAVE THE DATE- ELK'S BARBECUE



On Saturday, July 7 at 1:00 pm come to the Senior Center for a very special event—a BBQ—prepared and sponsored by Brookline Elks Lodge #866. The Brookline Elks always do a marvelous job on their special meals—whether a holiday feast or a summer BBQ—so be sure not to miss this treat. However, since the event is so popular, you need to make reservations. To make reservations, call 617-730-2770. We will begin taking registration on Friday, June 22.

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## SHREDDING EVENT



Visit from mobile shredding truck and identity theft presentation. Clean out your file cabinets and declutter your house to protect yourself from identity theft and fraud. Brookline residents are invited to safely dispose of sensitive and personal documents to further protect themselves from identity theft and fraud. Visit the Brookline Senior Center on **Monday, June 4 from 1:00-4:00 pm** to speak to DA Morrissey's staff and shred personal documents safely and free of charge. This event, organized to heighten awareness about identity theft and fraud, is sponsored by Norfolk District Attorney Michael Morrissey. There will also be a **presentation on identity theft from 1:00-2:00 pm at the Senior Center**. Light refreshments will be served. Please call 617-730-2770 to register for presentation portion of the event. All others are welcome to pull up to the mobile shredding truck for assistance with their boxes, bags and bundles of documents to shred. For assurance, shredding can be viewed through a screen on the truck. Computer hard drives welcome.

## YOU AND BROADWAY



Dan Marshall, BCCA President and host Howie D. Jordan, present a musical variety show with the Happytime Band at the Brookline Senior Center on **Sunday, June 24 from 1:00-3:00 pm** Songs include country, pop, rock, show tunes, and oldies. Join Steve Labonte, drummer, Mike Devlin, bass guitarist, and Eddie Pasco, piano player/bandleader, as well as guest singers for a fun afternoon of musical entertainment. Some previous shows can be seen at [youandbroadway.com](http://youandbroadway.com). For more information, call 617-642-1444. To register, call 617-730-2770.

## MAHJONG



Calling all Mahjong players on **Mondays and Thursdays from 12:30-3:00 pm** for a social game of Mahjong.

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## DANIEL PRICE CONCERT



Join Daniel Price, a recent graduate of Berklee College of Music, for an hour of musical entertainment on **Wednesday, June 27 at 1:00 pm**. He will perform jazz and oldies tunes that you'll remember from the

1940s-1970s on piano, and share humor and stories about the music. Sing along if you know the tune! Get to know Daniel as he shares new original music and talks about his inspiration. Lastly, inspired by a recent performance of Brookline Music School, he plans to spend the latter part of the hour engaging folks by playing "name that tune"; improvising solos on piano, but giving verbal clues about the songs. To register, please call 617-730-2770.



## Providence House

*Assisted Living at Corey Park in Brighton*

*Affordable Assisted Living for Seniors of All Incomes*

617-731-0505 [www.providencehouseassistedliving.com](http://www.providencehouseassistedliving.com)

## ZUMBA GOLD



Get in shape and have fun with Zumba Gold at the Senior Center! Join Emily Brenner, our Zumba Gold instructor, on **Thursdays at 1:30 pm. Free introductory class on Thursday, June 14 at**

**1:30 pm. Subsequent summer session is on Thursdays, June 21-August 30 at 1:30 pm.**

**\*Please note that there will be no class on July 19, August 9, and August 16, 2018.** Cost for spring session is \$45. Drop-ins are welcome at \$7 per session. Free for Brookline Housing Authority residents thanks to the Brookline Multi-service Senior Center Corp, a 501 (c)(3) corporation that supports Senior Center programming.

## MEMORY CONNECTIONS CAFÉ

On **Wednesday, June 27 from 1:30-3:00pm**, the Senior Center offers a free monthly Memory Connections Cafe for people with early memory challenges and their care partners to connect with

their peers. Both participate in socialization and can partake in refreshments and a variety of enjoyable programming in order to gain support and engage with others in a relaxing environment. Either party can attend by themselves, but a care partner must accompany those who require any care assistance. Please call Jamie at 617-730-2753 for information and to RSVP. This program is supported by a grant from the Brookline Community Foundation. This month's Cafe is sponsored by Benchmark Senior Living-Chestnut Park.

Welcome new social worker and HELP Counselor Michael Allen! Michael is a recent graduate of Simmons College School of Social Work and has had a variety of experiences working with seniors in various clinical and community settings.

## FREE FUN FRIDAYS



**June 29** Lyric Stage Company of Boston, MIT Museum, Berkshire Theatre Group, Nantucket

Whaling Museum, Edith Warton's Home, Concord Museum, Clark Art Institute, Edward Gorey House.

**July 6** Peabody Essex Museum, Cape Cod Maritime Museum, Battleship Cove, Gore Place, New England Quilt Museum

Visitors offered no-cost admission to many of the most treasured cultural venues in Massachusetts. This program was created to increase access and enrichment opportunities for children and families throughout Massachusetts during the summer months. **Every Friday, from the end of June through the end of August**, multiple sites are open for free. We reach out to schools, veterans groups, libraries, seniors centers, and many other community organizations to ensure that everyone knows that they are also welcome. For more information [highlandstreet.org/programs/free-fun-Fridays](http://highlandstreet.org/programs/free-fun-Fridays) or call 617-969-8900.

## MONTHLY PET THERAPY VISIT

Come and meet Susan and Shadow, Certified Dog-Therapy Team on **Monday, June 11 from 10:00-10:30 am**. Shadow is an eight year old standard poodle who is a certified therapy dog and Susan Z. Robins is the Vice President of Sales and Marketing for Ezra Home Care. Join us to learn a little about pet therapy and you may even get to teach Shadow a trick or two! To register call 617-720-2770.

# GALLERY 93

Panoramic Photos

By

Francis Gardino  
through June 29



*Vermont Sheep*

## Thinking about downsizing or selling your home?

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*Organizing, decluttering, painting, repairs, junk removal, deep-cleaning, staging, and curb appeal*

**STEP 2  
WE HELP YOU MOVE.**

*Packing, charity donations, deliveries, final-inspection punch list, local moving, and more*

**STEP 3  
WE HELP YOU SETTLE INTO  
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*Unpacking, furniture arrangement, repairs in your new residence, and more*



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**(617) 331-7848**



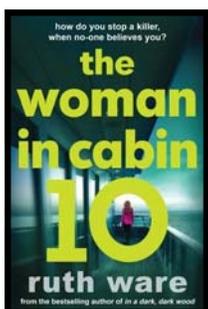
Leon Gelfand, Founder

*"I want to thank you and your team. You are responsive, professional, and fun to work with."*

— Gerry C., Newton

## BOOK DISCUSSION GROUP AT THE PUTTERHAM LIBRARY

Meetings are in the community room at the Putterham Branch Library. New members are always welcome. Our monthly meetings are on **Mondays from 2:00–3:00 pm**. Books are available at the Putterham Branch Library. The discussion leaders for this Book Group are Charlotte Millman and Batia Bloomenthal.



**June 18**  
*The Woman in Cabin 10*  
by Ruth Ware



## STEPHEN COLLINS



Our friend, Stephen Collins will be back at the Center this summer to offer a six week class on Contemporary Poetry. This class will focus mainly on 1950's poets

and we will study several Pulitzer Prize winners, including Robert Lowell, Mary Oliver, Richard Wilbur, and Stanley Kunitz. A partial list of other poets will include Jane Kenyon, Donald Hall, Robert Haas, and Galway Kinnell.

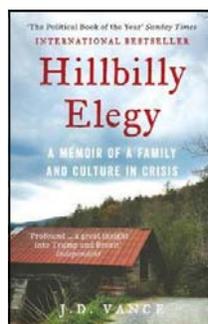
Classes will meet on **Fridays, June 1-July 6 from 1:30-2:30 pm**. Cost of class is \$35. Space is limited, but we do require a minimum of 10 participants in order for this course to carry. Please call 617-730-2777 to register.

## PUBLIC ISSUES NONFICTION BOOK DISCUSSION GROUP

### *At the Senior Center*

Tom Faulhaber is challenging your thinking every month with a nonfiction book discussion group centered on public issues, history, current events, and other non-fiction topics.

The Coolidge Corner Branch Library will have copies of the books available several weeks ahead of each meeting. Suggestions for future titles are encouraged. Meeting time is **9:00 to 10:00 am on the fourth Tuesday of each month**.



**June 26**  
*Hillbilly Elegy: A Memoir of Family and Culture in Crisis*  
By J.D. Vance

*Information: On the Brookline Library website, click on Discussion Groups New and follow the link to Public Issues Group.*

## SENIOR CHORUS

The Senior Chorus always welcomes new members to add to its already enthusiastic roster of singers. There are no auditions. Just come on **Fridays at 10:30 am** and make a joyous sound with the group led by Joe Reid.

## LIVING OUR VALUES

This group meets at the Senior Center on **Wednesday mornings from 9:00 to 10:00 am**. Facilitator, Tom Faulhaber uses current events and issues as triggers for discussion at meetings. Hone your values in this age of controversy and conflict.

## HANDICAPPED ACCESS

The Town of Brookline does not discriminate on the basis of disability in admission to, access to, or operation of, its programs, services, or activities. If you need special accommodations, contact the Council on Aging at 617-730-2777.

## TRAIN WITH SHAIN

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If so, please call us!

1-800-243-4636

(1-800-AGE-INFO)



# Sherrill House

A Not-for-profit Skilled Nursing & Rehabilitation Center

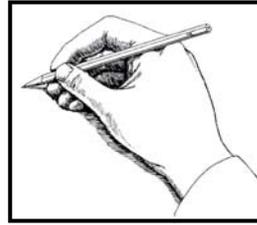
## Brookline Senior Center Preferred Site!

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## BASIC DRAWING



Join us on **Thursdays, June 21-July 26 from 9:30-11:30 am** for this course in learning to draw. This class is open to people with little or no drawing experience,

but also open to those who may not have drawn in a while and want to refresh their drawing skills.

Louise Weinberg developed this course on the premise that drawing can be learned and that to observe accurately enables one to draw. Working from still life objects, you will begin to learn to look at things like an artist does. In order to get the most out of this course, we encourage you to attend all sessions, as each class builds on the previous one. All materials will be provided. A small materials fee of \$15 IS REQUIRED OF ALL STUDENTS and is due on the first day of class. Students are welcome to bring any additional materials that they would like to use as well. Space is limited so call 617-730-2770 to register today.

## HYDRATION FOR SENIORS



Did you know that 6-30 % of people over age 65 are dehydrated when hospitalized? Or that by the time you

are 80, you have 20% less body water than you did when you were 20. Join us on **Friday, June 1 at 1:00 pm** to learn why Older Adults are at an increased risk for dehydration, why it is a concern, and what you can do about it with Meghan Ostrander, Springwell's Registered Dietitian.



**Brookline Community Aging Network – BrooklineCAN** – is an all-volunteer organization that focuses on Brookline as a great place to live. It provides information for older residents that helps them remain engaged in the life of the community and advocates to make Brookline an even better place to live for seniors and everyone. For information and to join, visit [BrooklineCAN.org](http://BrooklineCAN.org)

### **BROOKLINE AGE-FRIENDLY CITY COMMITTEE SEEKING NEW MEMBERS**

The Brookline Age-Friendly City committee is seeking new citizen members. The committee coordinates Brookline's Age-Friendly City initiative, a comprehensive, multi-year effort to strengthen the Town's response to its rapidly growing senior population. Age-Friendly Brookline is a collaboration involving the Town of Brookline, the Council on Aging, and BrooklineCAN. Members are expected to attend monthly meetings and contribute to committee projects. Committee members are appointed by the Select Board for 3-year renewable terms. For more information contact Co-Chair Frank Caro [frank.g.caro@gmail.com](mailto:frank.g.caro@gmail.com)

### **EASY TRAVEL**



Join us on **Thursday, June 14 at 1:30 pm** for a whirlwind "armchair" tour of Washington DC with Julie Washburn. Julie visited DC in April 2018 and did a lot of monument and museum "hopping" so she will share some of her photos and stories.

### **-SAVE THE DATE-**

### **SPOTLIGHT ON FOOD INSECURITY**

Coming in June the 17th Age Friendly Cities TV show entitled SPOTLIGHT on FOOD INSECURITY will focus on feeding the hungry in Brookline. Guests are Meghan Ostrander of Springwell, Elizabeth Boen of Brookline Food Pantry, and Patricia Burns of the Senior Center Food Pantry. These organizations serve many of the town's most vulnerable residents. All three need volunteers and financial donations. The aim is to ensure everyone in our community who needs help comes to one or more of these organizations. In Brookline, in addition to regular nutritious meals, Springwell offers kosher, Chinese, and therapeutic meals for people on special diets. Check out the Brookline Age Friendly Cities TV programs on the BrooklineCAN web site and note references on the BrooklineCAN Twitter and Facebook accounts. Programs are aired on Channel 3 on Comcast and RCN.

### **THE REUNION PROJECT IS BACK!**

In case you missed the 2017 exhibit at the Senior Center, we are please to announce that Lora Brody's Reunion Project exhibit featuring many familiar Brookline Senior Center, Center Communities, and Goddard House faces will once again be on display at **Town Hall from June 4 through September**. There will also be a gallery reception at Town Hall on **Friday, June 29 from 5:00-7:00 pm** so be sure to stop in then to see the exhibit, hear from Lora Brody, and meet some of the participants. It is sure to be a lovely evening! This project was sponsored by BrooklineCAN, the Brookline Council on Aging, Center Communities of Brookline and Goddard House Assisted Living.

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## SPOTLIGHTED VOLUNTEER



*"The Flower Lady"*

Rhona Hirschowitz, Nominee for Volunteer of the Year 2018: Rhona was born and raised in South Africa, home to an extraordinary variety of flowers. Her father was a horticulturalist and her mother was 'a natural' flower arranger. Rhona became a volunteer at the Brookline Senior Center

in October 2004 after responding to an ad for a flower arranger. She said that she started as the only person working with the flowers and soon realized she would need help. While Rhona has definitely been the mainstay since the program started, many other extraordinary volunteers have joined the team at and for various times. Mei Chu and Akemi Minami are her long term every week volunteers that she depends on the most. All the volunteers share the love of flowers and are able to leave their problems aside while working with beauty. Another volunteer position that Rhona has done for many years is copyediting the monthly newsletter. She said that she has a real 'typo eye' and finds it fun to find errors before the publication goes to press. She said that she enjoys working with Maureen Deery, the editor. Rhona closed by saying that Thursday is the best day of her week because of the flowers and that she is proud to be associated with the Brookline Senior Center.

### E.L.F. MONTHLY FEATURED ITEMS

The program will be at the Senior Center Yard Sale on June 21 from 10:00 am-2:00 pm to give away miscellaneous items in its collection. Please stop by the table or call Jamie at 617-730-2753 to request any available items.

## GETTING STARTED IN GENEALOGY



Whether you are just beginning your family history research or have been researching for many years, New England Historic Genealogy Society can help. Maybe you want to learn the identity of your ancestors,

find out where they lived or what they did for a living? Or maybe your family lore includes stories of a Mayflower immigrant? Perhaps you have medical concerns and wish to find out about your family's medical legacy? Curiosity, lineage, and medical history are just some of the common reasons to take up the growing hobby of genealogy. Join NEHGS genealogist Jeanne Belmonte on **Monday, June 11 at 1:00 pm** to learn about getting started in genealogy. Jeanne will cover basic research tips, common problems, the most useful records and resources, and how to access a variety of material both online and in person. To register, please call 617-730-2770.

### CALLING CHESS PLAYERS

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## LUNCHEON SPECIALS

Reservations for ALL Springwell lunches must be made by 10:30 am on the weekday preceding the day on which you want to have lunch. For reservations for Monday, call 617-730-2747 the previous Friday by 10:30 am. Lunch is served at 12:00 noon unless otherwise noted.

*Please be aware that Springwell can only guarantee your lunch reservation until 12:15 pm each day. If you are going to be arriving late for lunch, please let Kristine know in advance. If you arrive after 12:15 pm with no advance notice, Springwell cannot guarantee that you will receive a meal for that day.*

On Tuesday, June 19 we celebrate June birthdays at the monthly Birthday Lunch. The sponsor of this lunch has happily provided a complimentary lunch and a small gift to all June birthday celebrants. We also want to thank our friends at Wingate at Chestnut Hill for providing our monthly birthday cake. Now it is easier than ever to register for our monthly birthday celebrations! Just call 617-730-2747 to reserve a lunch on the business day prior before 10:30 am and you are all set. When you arrive for lunch on the day of the party, the leader of our birthday celebration will come around to all the tables to make sure that we don't miss any of our special attendees celebrating their birthdays

Happy Father's Day

## LET'S GO OUT TO LUNCH BUNCH



The Out to Lunch Bunch will dine at Carlos 131 Brighton Ave on **Tuesday, June 26 at 12:00 noon**. The van will leave the Senior Center at 11:30 am sharp! For reservations and transportation, please call 617-730-2770.

## NUTRITION AND DIABETES PREVENTION

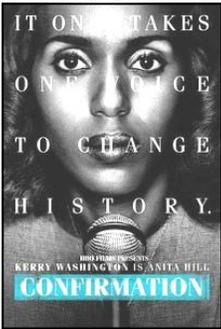


Join us on **Wednesday, June 6 at 1:00pm** for a Nutrition and Diabetes

Prevention talk with Stephanie Rioles. During this presentation, we will discuss the importance of nutrition in diabetes, which foods affect blood sugar, carbohydrates, portion control, balancing your plate, and label reading. Stephanie is a Brookline resident with a background in culinary nutrition and an interest in diabetes nutrition education. Stephanie completed her training at Johnson and Wales University and currently works at Beth Israel Deaconess Medical Center as an executive chef. Besides working at BIDMC, Stephanie is completing a dietetic internship to become a registered dietitian. During her internship, Stephanie had the opportunity to work with a certified diabetes educator at Joslin Diabetes Center in Needham and was able to help patients in an outpatient setting manage their diabetes with nutrition. To register, please call 617-730-2770.

## MOVIES FOR FILM LOVERS

Come to the Senior Center on **Tuesdays in June at 1:00 pm** for a fine feature film. Make a reservation for lunch and make an afternoon of it.



**Tuesday, June 5**

### *Confirmation*

(2016)

1hr. 50min.

Judge Clarence Thomas' nomination to the United States Supreme Court is called into question when Anita Hill, a former colleague, testifies that he sexually harassed her.



**Tuesday, June 12:**

### *Faces Places*

(2017)

1hr. 29 min.

Director Agnes Varda and photographer/muralist J.R. journey through rural France and form an unlikely friendship.



**Tuesday, June 19**

### *Lady Bird*

(2017)

1hr. 34 min.

In 2002, an artistically inclined seventeen-year-old girl comes of age in Sacramento, California.



**Tuesday, June 26**

### *Marjorie Prime*

(2017)

1hr. 39min,

A service that provides holographic recreations of deceased loved ones allows a woman to come face-to-face with the younger version of her late husband.

## GAME DAY

### *Do You Enjoy Board Games?*



Join us on **June 14**

**from 11:00 am–**

**3:00pm** for GAME

**DAY!** Students from

Lincoln School will be

available at the Senior

Center to play all kinds of board games with our seniors. The students are eager to give back to their community. If you have a favorite game, bring it along. If not, just come and play with the games we will have available. No pre-registration is needed.

## FROM THE BOARD PRESIDENT

Did you know that “exercise is the only thing that helps everything associated with aging”? That’s according to Dr. Janice Schwartz, a professor of medicine at the University of California, San Francisco. I am continually amazed by the amount of new research that confirms the value of fitness for older adults. It improves physical health, boosts memory, and helps prevent dementia! One of our new exercise programs that began in May is the mind-body-spirit practice of Qigong. The 8-week-long program has generated a great deal of interest, and thanks to your support, Brookline housing residents are able to attend for free.

We also continue to fundraise for scholarships for the fitness center. Please join me in supporting these important fitness programs. Our fiscal year ends on June 30. Your contribution today will help sustain these programs for our next fiscal year.

## FROM THE DIRECTOR

June is a splendid month in Brookline with the return of the Famer's Market, the glorious long days and some fabulous annual events as well as some special programs. One of these programs will be held on Thursday, June 7 at 2:00pm. The 15th annual concert in memory of Marie Lavine will feature the outstanding Winiker Band. The Winikers need no introduction to Brookline—they are fabulous musicians and entertainers who personally knew Marie. The concert will include vocalist, Cindy Gale accompanied by pianist, Neil Greene. Cindy is a talented musician who regularly performs with the Winiker's. Ms. Gale will entertain us from the Great American Song Book. Afterwards, join us at the delectable dessert buffet including chocolate chip cookies, Marie's favorite. This is one concert not to be missed! We appreciate Marie's daughters, Eileen and Kathy, who lovingly sponsor this annual event in memory of their dear mother.

As we go to press, the details for the Annual Public Health Forum are still pending. Check with the Senior Center at 617-730-2770 for an update. We are holding June 20th as the potential date.

Thank you for your support of the Brookline Senior Center. Many of you honor loved ones through your donations. I am especially touched when someone includes a note with their contribution. Here are a couple excerpts from recently-received notes:

"I just saw the newsletter with the beautiful photo and recognition of Mom, the volunteers, and the luncheon. Thank you for everything—from the slide show photo of her birthday party, the meaningful minutes, and the tasteful way you and your colleagues put everything together. You are all an amazing team and some of the most caring people I've ever met. Mom was blessed to have known and loved you."

"Thank you for your letter acknowledging my donation to [the Equipment Loan Fund]—it is I who should be thanking the Senior Center. One of my students discovered E.L.F. on your web site, and I helped her work to obtain a...walker [for a client]. The impact was amazing—this man's confidence grew and as it did, his legs grew stronger....Thank you for what you and the Senior Center do."

On Sunday, June 3 from 3:00-7:00 PM the LGBT community celebrates "The Silver Party", a dinner dance at the Brookline Holiday Inn on Beacon Street. Pride activities allow LGBT seniors to know what it feels like to be out, open and supported in the community. We will have a couple of free tickets. See me if you want to attend.

Finally, Happy Father's Day to the fathers and grandfathers. My father was a very special man. He was a teacher and humanitarian who instilled in me the importance of finding the good in all people. Indeed, every day his spirit is here in the Senior Center as one of his lessons was to always be warm and welcoming and open to all people by striving to make the world a better place one kind act at a time. Please join me in doing something extra nice this month for someone in his memory.

P.S. Join me in welcoming our latest staff members! A warm welcome to Jessica Milley-Gee, the Senior Center administrative assistant. Her smile will greet you at the 2nd floor reception desk—stop by and introduce yourself. Also, I would like to welcome Michael Allen, who is our new HELP counselor. He is a recent social work graduate from Simmons who will be joining Jamie in providing quality homecare to our older adults living in Brookline. I look forward to their contributions to our fabulous team.

## JUNE AT A GLANCE

### Friday, June 1

1:00pm Hydration Presentation  
1:30-2:30pm Stephen Collins (6 week Contemporary Poetry class)\*\*\*

### Monday, June 4

1:00-2:00pm Identity Presentation \*\*\*  
1:00-4:00pm Shredding Truck

### Tuesday, June 5

1:00pm Movies for Film Lovers-*Confirmation*

### Wednesday, June 6

9:00am-12:00pm Brookline Legal Service  
1:00pm Nutrition and Diabetes Presentation \*\*\*  
2:00-3:00pm Blood Pressure Clinic at BPHD\*

### Thursday, June 7

11:00am Ask A Nurse  
2:00pm:Marie Lavine Concert with the Winkers\*\*\*

### Friday, June 8

1:30-2:30pm Stephen Collins\*\*\*

### Sunday, June 10

2:00pm A Chorus Line-Reagle Theater\*\*\*

### Monday, June 11

10:00am Pet Therapy Visit\*\*\*  
1:00-2:30pm Ukulele  
1:00pm Genealogy Program\*\*\*

### Tuesday, June 12

1:00pm Movies for Film Lovers-*Faces Places*

### Wednesday, June 13

1:00pm COA Meeting  
1:00-2:00pm Blood Pressure Clinic at Sussman House\*

### Thursday, June 14

11:00am-3:00pm Game Day  
1:30 pm Easy Travel to Washington DC with Julie  
1:30 ZUMBA Gold- Free Introductory Class  
2:00-3:00pm Newcomer's Group\*\*\*  
Flag Day-Center is Open

### Friday, June 15

1:30-2:20pm Stephen Collins\*\*\*

### Monday, June 18

1:00pm Elder Law Presentation\*\*\*

2:00-3:00pm Book Discussion Group at Putterham-The Woman in Cabin 10\*

### Tuesday, June 19

12:00pm June Birthday Lunch\*\*\*

1:00pm Movies for Film Lovers -Lady Bird

### Wednesday, June 20

1:00pm Low Vision Support Group  
1:00-3:00pm MBTA CharlieCard and Transportation Fair

### Thursday, June 21

9:30-11:30 Basic Drawing\*\*\*

10:00-2:00pm Annual Sidewalk Sale

1:30 Zumba Gold/Free for BHA \$7  
1:00-2:00pm Brookline Hearing Service  
100-2:00pm Blood Pressure Clinic at the Senior Center  
2:00-3:00pm Newcomers Group\*\*\*

### Friday, June 22

1:30-2:30 Stephen Collins\*\*\*

### Sunday, June 24

1:00-3:00pm You And Broadway\*\*\*

### Monday, June 25

### Tuesday, June 26

9:00-10:00am Public Issues Nonfiction Book group-*Hillbilly Elegy*

12:00 noon OUT TO LUNCH BUNCH\*\*\*

1:00pm Movies for Film Lovers-*Marjorie Prime*

### Wednesday, June 27

1:00pm Daniel Price Concert\*\*\*

1:00pm Blood Pressure Clinic at park Street

1:30pm Memory Café \*\*\*

### Thursday, June 28

1:00-2:30pm TRIPPS Summer Getaways\*\*\*

1:30pm Zumba Gold

### Friday, June 29

1:30-2:30pm Stephen Collins\*\*\*

5:00-7:00 The Reunion Project Gallery Reception at Town Hall\*

## ONGOING SENIOR CENTER EVENTS

### Monday

8:30 am-4:30 pm Fitness Center Open—  
Membership required  
8:45-10:15 Strength Training \*\*  
10:30-11:30 am Poetry Workshop \*\*\*  
10:30-11:30 Senior STRETCH \*\*  
12:00 noon Springwell Lunch\*\*\*  
12:00-4:00pm BETS  
12:30-3:30 pm Mah Jongg/Scrabble  
2:00-4:00pm Open Computer Lab

### Tuesday

8:30 am-4:30 pm Fitness Center Open—  
membership required  
9:00-12:00 noon Reiki Therapy \*\*\*  
10:00 am Flexibility, Resistance Training, and  
Balance  
10:30 am Brookline Bees, Quilters  
11:00-11:45 Tuesday Morning Dance Party  
12:00 Springwell Lunch \*\*\*  
12:00 noon French Conversation  
12:00-4:00 pm BETS  
1:00 pm BINGO  
1:00 pm Movies for Movie Lovers  
2:00-3:00 pm Exercise for Health &  
Rejuvenation  
2:00-3:00pm Yoga Chair Class \*\*  
2:00-4:00 pm Food Distribution Site (hours  
approximate)  
3:00-4:00 Yoga Mat Class\*\*

### Wednesday

8:30 am-4:30 pm Fitness Center Open Member-  
ship required  
8:45-10:15 Strength Training \*\*  
9:00-10:00 am Living Our Values  
10:00-12:00 TRIPPS office hours  
10:30am Senior STRETCH \*\*  
12:00 noon Springwell Lunch \*\*\*  
12:00-4:00 pm BETS  
1:00-3:00pm Scrabble

### Thursday

8:30 am-4:30 pm Fitness Center Open member-  
ship required  
9:30-11:45am Drawing for Pleasure\*\*\*  
9:30 Art for Pleasure Class \*\*\*  
10:30 am Arthritis Exercise \*\*\*  
10:30 am and 1:30 pm Knit and Crochet  
11:00-1:00pm TRIPPS office hours  
12:00 noon Springwell Lunch \*\*\*  
12:00-1:00 pm Intermediate Spanish\*\*\*  
12:30-3:30 Mah Jong  
1:00-3:00 Chess  
1:15-2:15 pm Beginning Spanish Class\*\*\*  
2:30 pm Spanish Immersion Conversation  
Group\*\*\*  
2:00-4:00pm Open Computer Lab

### Friday

8:30 am-4:30 pm Fitness Center Open-  
Membership required  
9 :00 am Bridge  
10:30 am Current Events Discussion Group  
10:30 am Senior Chorus  
12:00 noon Springwell Lunch \*\*\*  
1:00-2:30 pm Basic Computer Class in Spanish  
\*\*\*  
1:00-2:00pm Bootcamp for Seniors \*\*  
1:00-5:00 pm Ping Pong  
2:00-3:30pm Tai Chi \*\*  
3:00-5:00pm Learn to play chess  
3:30 pm Latino Instrumental and Vocal \*\*\*

\*Not at the Senior Center

\*\* This is a Brookline Adult and Community  
Education (BA&CE) course so registration  
with them is required. Call 617-730-2700 or  
go to [www.brooklineadulthood.org](http://www.brooklineadulthood.org) to register

\*\*\* Registration Required

## LGBT OUT 2 BRUNCH BUNCH!

Goddard House, in partnership with the Brookline Council on Aging, ETHOS, the LGBT Aging Project and the City of Boston Commission on the Affairs of the Elderly, supports the LGBT Older Adult Out 2 Brunch Bunch! The group will meet monthly for brunch on the third Saturday of every month. **In June we will meet on the 16th from 11:00 am-1:00 pm.** at Goddard House, 165 Chestnut Street, Brookline, MA 02445. To attend, RSVP to Zoraida at [meals@ethocare.org](mailto:meals@ethocare.org) or 617-522-6700 ext. 306

## ELDER LAW PRESENTATION



On **Monday, June 18 at 1:00 pm**, Attorney Michael R. Couture will be presenting on basic estate planning as part of the 2018 Elder Law Education Program. This program is sponsored by the Massachusetts Bar Association and the Massachusetts Chapter of the National Academy of Elder Law Attorneys. To register, please call 617-730-2770.

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## FOOD DISTRIBUTION SITE



There is free food distribution at the Senior Center every **Tuesday from approximately 2:00 to 4:00 pm. Get a number in the coffee lounge beginning at 11:00 am.** Do not go down to the basement until your number

is called.

A variety of foods are available at the site—many choices of breads and rolls and lots of produce. Bring a bag to carry your choices home. Also bring a lot of patience and courtesy so everyone enjoys the process and conflicts are avoided.

In order for everyone to receive a fair allocation of the food, it is imperative that no one takes any food before it is inventoried by the workers at the Food Distribution program. This not only helps assure a fair distribution and an orderly process, it also is in compliance with health code regulations. This program is very busy and depends on the generous donation of time by many volunteers. To volunteer please contact Patricia Burns our volunteer coordinator 617-730-2743.

## TRIPPS

### MBTA CHARLIE CARD EVENT



The Brookline Senior Center will be hosting a Senior Charlie Card event on Wednesday, **June 20 from 1:00 – 3:00**

**pm.** To apply at the Senior Center, you must bring a picture ID with your date of birth indicated. You must be 65 or older to qualify for a Senior CharlieCard. During the event you will fill out the application and have your photo taken. The MBTA will mail your CharlieCard to your home in 6-8 weeks.

Held in conjunction with the Senior CharlieCard event, TRIPPS will host transportation information tables staffed with representatives from the RMV and MBTA Travel Training. In addition, we will have information about all senior transportation options for the area including subway and bus maps for Brookline. Come get your discounted CharlieCard and leave with all the different ways you can travel around Boston without a car!

### SUMMER GETAWAYS/ICE CREAM SOCIAL



Want to plan a summer getaway but don't want to drive? Come hear about various day trips in and around Boston that you can get to without a car. Your peers

will share ways you can get from home to the beach, a summer festival, or that special outdoor concert, all without the hassles of traffic or parking. Senior discounts will be covered. Ice cream will be provided. **June 28 1:00-2:30pm** at the Brookline Senior Center. Call 617-730-2644 to register--space is limited. Join us for some summer fun!

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**LEARN TO PLAY OR IMPROVE  
YOUR CHESS GAME**



Are you a beginner chess player or have you always wanted to learn how to play? Three Brookline High School seniors who are co-captains of the high school Chess Club will be at the

Senior Center on **Fridays from 3:00-5:00 pm**. If you are interested, drop in for a lesson or a game! If you have questions, call Patricia @ 617

**BRIDGE FOR EXPERIENCED  
PLAYERS**



Jan Davidson, Bridge Coordinator, welcomes experienced players on **Friday mornings at 9:00 am sharp**. Give the revolving bridge game a try.

**TUESDAY MORNING DANCE  
PARTY**

Modern Dance is now Tuesday Morning Dance Party! Join instructor, Lynn Modell every Tuesday morning from 11:00-11:45 am for the same great fun and dancing. All for a suggested donation of \$2 per class.

**LET'S PLAY SOME PING PONG!**



Lin Sasman, our wonderful Ping Pong Coordinator, is here on **Friday afternoons from 1:00-5:00 pm**. If you want to drop in for a quick game, Lin will be available to help you connect with

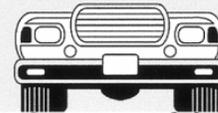
players of similar abilities.

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## JUNE COA MEETING

The Featured topic for the **June 13 at 1:00 pm** meeting will be an update on the SHOP Program which is a collaboration between the Brookline Senior Center and Brookline High School. This will be our last meeting until September. The Nominating Committee will meet in mid-August to consider new members for the board. If you would like to serve on the board or if you know someone you think would make a good member, please contact Ruthann at 617-730-2756 [rdebek@brooklinema.gov](mailto:rdebek@brooklinema.gov).

## FITNESS CENTER



Inquire about becoming a member, contact Sharon Devine, 617-730-2769. Membership includes use of strength training and cardio equipment, small group classes. Quiet and relaxed atmosphere. Assistance of certified personal trainer at no additional charge.

## ONE-ON-ONE COMPUTER SESSIONS

### One-on-One Computer Help

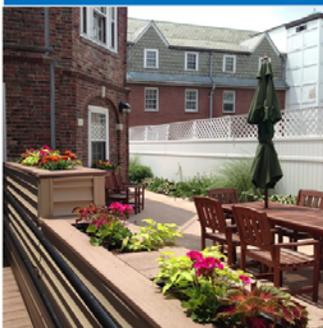


Are you computer phobic or just need some tech assistance? Have you tried a computer class but are still frustrated with using technology? Do you have questions about setting up email, using your laptop, tablet, SmartPhone, or navigating the internet? We have computer volunteers available to help you on Tuesday afternoons.

Fran Pechenick, a longtime computer volunteer, helps with computer basics, email and navigating the internet. Dan Siagel, is able to help people from basics to the more complex for their Smartphones, laptops and Tablets including Apple Windows or Android operating systems. Appointments are necessary. Please call Olga Sliwa at (617) 730-2768 for more information or to book an appointment.

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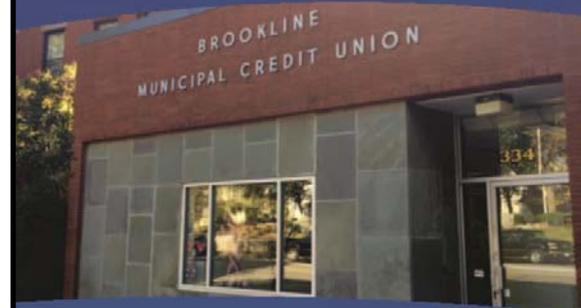


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*-Joel and Fiona, buyer and seller clients*

Michelle Quinn & Susanna Stiefel of The Just Right Move Team helped us find our dream home. They asked us questions to help us decide exactly what we were looking for, and when we found the perfect place, they helped us put together a winning offer. They also coached us through the process of getting our condo polished up and sold as well. It was a wonderful experience, and we're delighted with our "just right move." *-Ann and Ben, buyer and seller clients*

"We're so grateful that Kim Sullivan helped us sell our home and buy our next home! The level of knowledge and attention we received was outstanding. She took the time to get to know us, what we loved about our home, as well as what we were looking for in our next home. We truly felt she had our best interest in mind. Kim's caring & calm personality kept us grounded & reassured us from start to finish. I highly recommend Kim & the Pathway Home Team!" *-Andrea and Joe, buyer and seller clients*

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## REAP

### LIBRARY CONNECTION



Are you a lover of library books and other resources, yet unable to enjoy the

pleasures of browsing on your own? We have a solution for you! The Library Connection, a partnership of Brookline's Council on Aging and the Public Library of Brookline, provides delivery of library materials directly to home-bound Brookline residents who are unable to leave their home. A volunteer from the community will deliver materials to you throughout the year. If you are interested in becoming a volunteer or receiving this service, contact Volunteer Coordinator Patricia Burns at the Council on Aging 617-730-2743.

### TAX ABATEMENT PROGRAM



The Tax Abatement program has a couple of slots to fill in the coming 2019 fiscal year. Potential participants must be over 60 and property owners in

Brookline. They must meet low income guidelines (below \$56, 800 on 2017 income tax returns). Participants will be expected to work for 125 hours between July 1st and March 15th in a Brookline Town Department in order to receive the abatement. While we try our best to find placements in town departments, we cannot guarantee that a placement will be available. Please call Deidre Waxman, LICSW with questions or to set up an interview at 617-730-2767.

### JUNE SPOTLIGHTED VOLUNTEER OPPORTUNITIES

This month's spotlighted opportunities include: Coffee Duty on Monday- Friday mornings 8:00-9:00am (any or all days would be a help); Food Commodity program on 3rd Wednesday of each month – Russian interpreters morning and afternoon shifts and people able to help with phone calls and/or lifting 30-35 lbs. in the morning; Food Pantry - volunteers for morning and afternoon (able to lift 30 lbs.) set-up, shopping assistance and Russian interpreters for Tuesday afternoons (1-4); Smartphones and other Technology -1-on-1 assistance for seniors with their Smartphones and other technology. If you would like to apply for these or other volunteer opportunities at the BSC, please call Patricia, the Volunteer Coordinator @ 617-730-2743 or email her at [pburns@brooklinema.gov](mailto:pburns@brooklinema.gov) to make an appointment to talk about things you like to do, your skills and potential volunteer opportunities.

### INDIVIDUAL JOB SEARCH SKILLS APPOINTMENTS

Patricia Burns, the REAP Program Job Skills Counselor is available for 1-on-1/individual appointments to assist with essential job search tools including resume writing or updating, job specific cover letters, LinkedIn profile development, interviewing by phone, skype, in-person or mock as well as identifying transferable skills from past experience to use in your next job. Appointments are required. Contact Patricia at 617-30=2743 or e-mail her at [pburns@brooklinema.gov](mailto:pburns@brooklinema.gov) for an appointment.

## UKULELE



Our fun filled Ukulele Group will meet on **Monday, June 11 from 1:00-2:30 pm.** If you like singing and want to pick up the ukulele as well, this may be the group for you. We play and sing mostly oldies but also some modern songs. The more voices, the better. If you just want to sing along, that would work as well. Stop by and try it out. It is FUN!

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### *In Honor of:*

Jane Gould honoring Shirley Selhub Art Show  
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### *In Memory of:*

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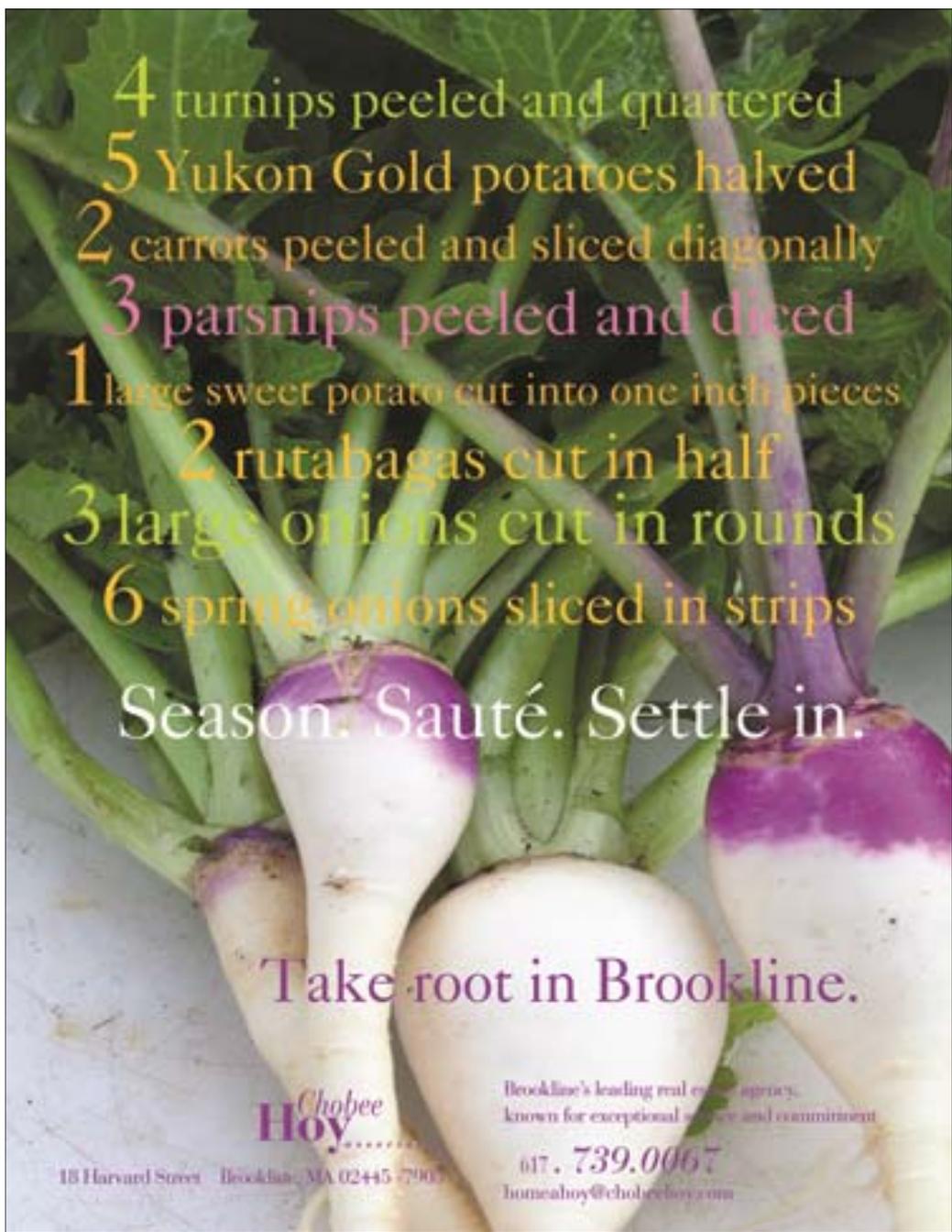
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