



**TOWN OF BROOKLINE  
DEPARTMENT OF PUBLIC HEALTH**

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**FOR IMMEDIATE RELEASE**

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**Brookline Celebrates National Public Health Week 2019**

The Brookline Department of Public Health is set to celebrate National Public Health Week 2019, the first week of April. Events this year anticipate questions such as: What to do to keep from freaking out as the parent of a teen; How to age well; and **a not-to-be missed** conversation with Brookline resident and BU School of Public Health Dean Sandro Galea, MD, DrPH: How the Trump Administration is shaping our health. Details are below.

Coupled with these events will be a Brookline Department of Public Health Facebook (FB) feature offering climate-conscious dinner recipes worthy of a try. Join Brookline in protecting the planet by reducing meat consumption. Beginning April 1, a delicious recipe will be posted weekdays during the month at [www.facebook.com/BrooklineHealth](http://www.facebook.com/BrooklineHealth).

**Monday, April 1. Service Animals and the Law: Do You Know the Facts?** Attention all Brookline Restaurants and Retail Food establishment owners, managers and employees! Attend an informational and hands-on workshop covering essential rights and responsibilities when hosting a service animal in your establishment. **Coolidge Corner Library, 31 Pleasant St., 2:00-4:30 PM.**

**Tuesday, April 2. How to Age Well.** Join prominent Brookline physician, Suzanne E. Salamon, MD, Division of Geriatrics, Beth Israel Deaconess Medical Center for an informal talk about how food, exercise, friendships, and your mind affect how your body ages. It's never too late to start. **Brookline Senior Center, 93 Winchester St., 1:00 - 2:00PM.** Refreshments.

**Wednesday, April 3. A Survival Guide to Parenting Teens.** Talking to your kids about sexting, drinking, drugs and other things that **FREAK YOU OUT**. Back by popular demand, Brookline High School PTO presents local expert on parent-teen relationships, Joani Geltman, MSW, offering strategies and insight for parents of middle and high school students. Please register for this free event at <https://joanigelmtanteenlife.eventbrite.com> . **Brookline High School Auditorium, 115 Greenough St. 7:00-8:30 pm.**

**Thursday, April 4. How the Trump Administration is Shaping Your Health. The Impact on You, Your Community, and the Planet.** An informal conversation with Sandro Galea, MD, MPH, DrPH, Dean, Boston University School of Public Health, and Brookline resident. **Multi-Purpose Room, Coolidge Corner School, 345 Harvard St. 6:00 – 7:00 PM.** Co-sponsored by Climate Action Brookline.

**Saturday, April 6. Youth Climate Adaptation.** Come to Pierce School where Brookline students with a passion for science and art are invited to create and present new ideas that address current climate change challenges. Participants with the most innovative ideas will receive certificates. **Pierce School, 50 School St. 11:00AM – 2:00 PM.** A joint program with Climate Action Brookline.

Brookline Public Health and Human Services' mission is to preserve, protect & promote the physical, mental, and environmental health of the Brookline Community. We collaborate with partners to reduce health inequities and respond to emerging public health challenges. For additional information, contact Lynne Karsten, Director of Community Health, Brookline Department of Public Health, 617-730-2336; lkarsten@brooklinema.gov. Also, please join our Twitter discussion: @BrooklineHealth, Facebook: [www.facebook.com/BrooklineHealth](http://www.facebook.com/BrooklineHealth), or Instagram: Brooklinehealth.