

What services does  
H.E.L.P. provide?

Services provided by H.E.L.P. workers include:

- Light Housekeeping
- Laundry
- Meal Preparation & Light Cooking
- Grocery Shopping
- Errands
- Medical Escort
- Companionship/Respite Care
- Odd Jobs/Organizing
- Heavy Cleaning
- Yard Work/Home Maintenance



It is important to note that workers hired through H.E.L.P. **do not** provide personal care, however the program staff will assist seniors and their families with information and referral to agencies that provide this service.

The Brookline Council on Aging, a town department, is responsible for planning, coordinating, and providing comprehensive services for Brookline residents over the age of 60.



Brookline  
Council on Aging

93 Winchester Street  
Brookline, MA 02446

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***H.E.L.P.***

***Home and Escort  
Linkage Program***



Providing Brookline older adults with innovative home care services for over 30 years.

**Call: 617-730-2752**

## Home care services at affordable prices

The Home and Escort Linkage Program (H.E.L.P.) is a home care service designed and sponsored by the Brookline Council on Aging. For over 30 years, the goal of this program is to provide affordable, reliable, and flexible home care services to older adults living in Brookline.

The program provides an alternative or supplement to private home care agencies and state funded home care, and is more secure than hiring a worker on your own. There is no charge for enrollment in the program, and there is no financial gain to the program through filling job requests.

### Program Eligibility

In order to receive service from H.E.L.P., participants must meet the following criteria:

- Brookline resident
- Age 60 and above

**To enroll or to learn more,  
please call:  
617-730-2752**

### Affordable Fees

The fee range for home care services is between \$14 and \$16 per hour.

- Workers providing transportation services earn \$16 per hour.
- Heavy cleaning fee can vary based on size and scope of the job.

### Getting Started

Enrollment in the program is free of charge. An initial home visit with a H.E.L.P. staff person is required to gather information and sign enrollment material.



### H.E.L.P. Home Care Workers

The H.E.L.P. Program takes pride in the diversity of age, ethnicity, and background of the home care workers. All workers are recruited, screened, and trained by the program staff. Although the home care workers are considered self-employed, the H.E.L.P. staff provides them with continuous supervision.

### Professional Staff

Two trained and licensed Masters level clinicians staff the program. H.E.L.P program staff provide a variety of services to all program participants. These include, but are not limited to:

- Ongoing assessment
- Support
- Case management
- Service coordination

The staff is available during regular business hours, Monday thru Friday, 8:30 a.m. to 5:00 p.m.

### Program Options

The following options may be available through H.E.L.P. on a limited basis:

- Volunteer H.E.L.P. for those in the greatest financial need
- Grant funded respite care and other free services when funding is available.

HELP can also provide linkage to a variety of other resources.